



12/24/2020

GREENVILLE NATURAL HISTORY ASSOCIATION

HIKE SCHEDULE – Winter 2020

Refer to Meetup for Latest Information Prior to a Hike

GNHA IS ONLINE AT:

Meetup Site: www.meetup.com/GNHA-Hiking-Club

Club Website: www.greenvillehiking.com

Facebook Page: www.facebook.com/greenvillehiking

CLUB HIKING GUIDELINES:

- All hikers new to GNHA must contact their hike leaders before their first hike for clearance.
- All hikers must RSVP to hike. GNHA Meetup message app is the preferred method over phone or email to hike leaders.
- Each hiker is responsible for his or her own safety; please refer to the safety & liability policy. <https://www.greenvillehiking.com/safety-guidelines.html>
- Always wear suitable clothing, sturdy footwear (boots or hiking boots), bring plenty of water and a snack or lunch, bring rain gear when inclement weather is predicted; refer to hiker's guide. <https://www.greenvillehiking.com/lets-hike.html>
- Do not attempt any hike beyond your ability; if there is any question about the trail, rating of the hike or conditions, contact the leader.
- Arrive 15 minutes early to form carpools. Offer driver gas money as noted in the hike description ("Drive RT" cost is \$0.08 per mile). Hikes leave promptly at the published START TIME.
- Sign in before the hike with an emergency phone number.
- Notify leader of any special conditions you may have (e.g. injury, illness, etc.).
- Do not hike ahead of leader without specific permission.
- Consider wearing blaze orange clothing or hat during hunting season.
- Minors must be accompanied by their parent.
- Sorry, no pets on hikes.
- No firearms on club events.

HIKERS WILL MEET AND FORM CARPOOLS AT UNIVERSITY SQUARE SHOPPING CENTER unless otherwise noted. This is the Publix shopping center on the west side of Poinsett Highway, two miles north of Cherrydale Shopping Center and one mile south of Furman University. We form carpools next to McDonalds Restaurant. Many hike descriptions will instruct carpoolers to meet their hike leader at an alternate site or trail head. Return times are approximate.

ANNUAL DUES ARE \$5.00 PAYABLE JANUARY 1. Dues are not pro-rated; but, if you join after October 1st, your payment will cover the following year. *Payment on-line through the Club Website / PayPal is preferred.* **Please consider paying for more than one year to reduce transaction costs.**

If you choose to pay by mail, please make your check payable and mail it to:

**Greenville Natural History Association
17 Hidden Hills Drive
Greenville, S.C. 29605
att: GNHA Treasurer**

**OFFICERS:****PRESIDENT:**

Jerry Ellsworth jerry.ellsworth@gmail.com 864.266.9940

VICE PRESIDENT:

Elizabeth Brown elizabethkbrown2015@gmail.com 954.294.8838

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Dolores Flores Flores211@yahoo.com 864.243.1561

HIKE PLANNING:**WEEKEND HIKES (ALL WEEKEND HIKES ARE PUBLISHED ON MEETUP)**

Saturday & Hiking Ops Manager: Paul MacGregor 864.993.3907

Saturday Hikes – Long Program: Jerry Ellsworth 864.266.9940

Saturday Short & Sunday Hikes: Elizabeth Brown 954.294.8838

Sunday Long Hikes Bev Parlier 828.883.9278

WEDNESDAY HIKES (PUBLISHED ONLY ON MEETUP)

Fast Pace, VVS Hikes: Sim Wright 803.840.6274

Moderate Pace, S-VVS Hikes: Jerry Miller 216.276.2276

Dale Hamann 864.386.3855

Slower Pace, MS-VS Hikes: Elizabeth Brown 954.294.8838

Slower Pace, MS-VS Hikes: Jeff Zimmer 864.395.4474

Slower Pace, MS-VS Hikes: Ron Blake 864.593.0086

Slower Pace, M-MS Hikes: Lynn Coleman 864.884.5697

Web Master:

Lisa Hall 864.292.9118

Meetup Organizer:

Joe Hayden 864.201.1521

GNHA Facebook Coordinator:

Elizabeth Brown 954.294.8838



Hike Rating System

<https://www.greenvillehiking.com/hike-rating-system.html>

HIKE ABBREVIATIONS:

M: miles, **EG:** elevation gain, **Rating:** below; **Drive RT:** round trip miles, cost; **L:** limit of hikers

Hike Rating System			Hike Rating:
Hike (miles)	Elevation Gain (feet)	Points	Add points for distance and elevation gain
1	200	1	<ul style="list-style-type: none"> ● E (Easy) = 0-4 ● M (Moderate) = 5-8 ● MS (Moderate/Strenuous)= 9-12 ● S (Strenuous)= 13-16 ● VS (Very Strenuous)= 17-20 ● VVS (Very Very Strenuous)= 21-30 ● VVSS (Very Very Super Strenuous)= 31+ <p>Example:</p> <p>M: 8 [Distance of hike: = 8 points]</p> <p>EG: 1000 [Elevation gain: = 5 points]</p> <p>TOTAL = 13 Points</p> <p>Rating = S (Strenuous)</p>
2	400	2	
3	600	3	
4	800	4	
5	1000	5	
6	1200	6	
7	1400	7	
8	1600	8	
9	1800	9	
10	2000	10	
11	2200	11	
12	2400	12	

All hikers must RVSP to hike. GNHA Meetup.com is the preferred method, over phone or email to hike leaders.



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Hike Leaders

1	Dolores Flores	1/4, 2/1	19	Ron Anderson	2/8,
2	Cindy Robinson	1/4,	20	Sandy Hunter	2/9, 3/7
3	Phil Howard	1/5, 2/16, 2/29	21	Judy Potwora	2/22, 3/14
4	Martha Severens	1/5, 1/12, 1/26, 2/8, 2/16, 2/23	22	Jerry Ellsworth	2/29, 3/28
5	Sim Wright	1/11, 3/7	23	Ursula Gibbs	3/1,
6	Troy Summerell	1/12, 2/9	24	Emily Gilstrap	3/1,
7	Laura Bailey	1/12,	25	Bev Parlier	3/8,
8	Craig Horn	1/16,	26	Elizabeth Brown	3/8, 3/28, 4/19
9	Charles Dial	1/16, 2/15, 3/21, 4/11	27	Cindy Wells	3/14,
10	David Macindoe	1/16, 2/15	28	Linda Velez	3/21,
11	Bob Arnold	19-Jan	29	Nancy Englisbe	3/21, 3/29
12	Paul MacGregor	1/25, 3/14	30	Ann Flynn	3/22,
13	Dale Hamann	1/25, 4/4	31	Candi Samples	3/22, 4/26
14	Joe Hayden	1/26, 2/23, 3/15	32	Mike Sullivan "Sulli"	4/4, 4/18
15	Lisa Britt	1/26, 2/23	33	Stephen Root	4/11,
16	Ron and Sharon Blake	2/1, 2/18	34	Karen Csizmadia	4/11,
17	Ed Marsh	2/1,	35	Cathy Reas Foster	4/21,
18	Michelle Barger	2/8, 2/22	36	Tom Strunk	4/21,



Saturday, January 04,

(VVS) ROCKY BOTTOM TO LAUREL CREEK FALLS

START TIME: 8:00 AM, RETURN TIME: 5:00 PM

From Rocky Bottom parking area, we'll hike the Foothills Trail to Virginia Hawkins Falls to Laurel Fork Falls and return. We'll see the renovated campsites and look for the newly added "bear bag" cables I couldn't find during backpacking trip in November.

M: 16, EG: 2000, R: VVS

Drive RT: 80 miles, \$6.00, L: 12

Leader: Dolores Flores, 864.243.1561

(S) POINSETT RESERVOIR PASSAGE OF THE PALMETTO TRAIL

START TIME: 10:00 AM, RETURN TIME: 4:00 PM

Beginning at the Palmetto Trail parking lot at the Orchard Lake Campground, Fork Creek Rd, we will head east for 3.3 miles on the Palmetto Trail. The winter season will offer a view through the woods as the trail follows the NC/SC state border. Lunch will be on top at a rock outcropping on Brushy Ridge. We will return back to the parking lot by the same route.

M: 6.6, EG: 1200, R: S

Drive RT: 60 miles, \$5.00, L: 18

Leader: Cindy Robinson, 864.477.8833

Co-Leader: TBD

Sunday, January 05,

(MS) GORGES STATE PARK – RAINBOW FALLS AND MORE

START TIME: 12:00 PM, RETURN TIME: 6:00 PM

Hopefully we will have a cold winter day to see the ice formations. We start at the Grassy Ridge trailhead in Gorges State Park and hike the wild and scenic Horsepasture river to Rainbow, Turtleback, Drift and potentially Stairway Falls with several nice cascades along the river.

M: 5, EG: 1000, R: MS, L: 20

Drive RT: 120 miles, \$10.00

Leader: Phil Howard, 317.402.8590

CPO: Martha Severens, severens@att.net



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Saturday, January 11,

(VVS) CASE CAMP - SENIARD RIDGE FIGURE 8

START TIME: 8:00 AM, RETURN TIME: 6:00 PM

Form carpools at University Square Shopping Center and meet leader at the BiLo Parking Lot above the Pizza Hut in Pisgah Forest at the intersection of US 276 and US 64 at 9:00 A.M.

Starting at the Case Camp Trailhead on FS 475B we will go West on the Case Camp Trail to the Blue Ridge Parkway. We will cross the Parkway and take the Mountains-to-Sea Trail, Pisgah Ridge Trail, and a connector trail south to the Graveyard Fields parking area and on to Second Falls. We will return on the Blue Ridge Parkway (which should be closed to traffic) and the Seniard Ridge Trail. There should be tremendous ice cycles on the granite walls along the Parkway and possibly snow on the ground. Also, there should be excellent mountain views from the Parkway and close up views of Looking Glass Rock from the Seniard Ridge Trail. There are also a couple of waterfalls on our return.

M: 11, EG: 2900, R: VVS

Drive RT: 130 miles, \$10.00, L: 12

Leader: Sim Wright, 803.840.6274

Sunday, January 12,

(VS) BAD CREEK TO HILLIARD FALLS

START TIME: 9:00 AM, RETURN TIME: 6:00 PM

We will start at the Bad Creek parking lot and follow a spur trail to the Foothills Trail. We will take the Foothills Trail to Bear Creek and climb to Hillard Falls and return by the same route.

M: 10, EG: 2000, R: VS

Drive RT: 115 miles, \$9.00, L: 20

Leader: Troy Summerell, 864.303.7058

(E) PETER'S CREEK HERITAGE TRUST PRESERVE

START TIME: 12:00 PM, RETURN TIME: 5:00 PM

MEET AT EARTH FARE AT 12:00 NOON.

This is a Piedmont cove forest with rolling topography, two creeks, and an old mill dam, on the eastern side of Spartanburg County. The preserve is also home to one of the largest communities of the threatened dwarf-flowered heartleaf plant. Former First Lady Michelle Obama can trace her roots to this area. Her great-great-great-grandmother was a slave named Melvinia Shields, who lived on a plantation along Peter's Creek, according to *The New York Times*. The hike leader will meet everyone at the parking area at the power lines at 12:30 PM.

M: 3.5, EG: 200, R: E

Drive RT: 60 miles, \$5.00, L: 18

Leader: Laura Bailey, 843.860.7010

CPO: Martha Severens, severens@att.net



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Saturday, January 18,

(S/VVS) DISMAL LOOP WITH OPTIONAL RETURN BACK UP DISMAL

START TIME: 8:00 AM, RETURN TIME: 5:00 PM

Start at Raven Cliff Falls parking lot; take Raven Cliff Falls Trail to Dismal Trail; down Dismal to Mathews Creek; cross creek and up Naturaland Trust Trail past the Cathedral [possible icicles] and on to the suspension bridge area above the Falls for lunch. Here we will split into two groups--one continuing up Naturaland Trust and back to the parking lot via the easier Raven Cliff Falls Trail [1800']; the other heading back down the way we came and up Dismal Trail for an additional 1200' of climb but approximately the same mileage. Possible optional detours down a short rope for a view of the Falls and/or side trip to the Raven Cliff Falls viewing platform [adds about a mile]. The harder version will be VVS.

M: 7, EG: 1800, R: S/VVS – Check with hike leader for details.

Drive RT: 60 miles, \$5.00, L: 15, State park pass or fee required

Leader: Craig Horn, 864.918.4554

(VVS) DUPONT STATE FOREST – WINTER RAMBLE

START TIME: 8:00 AM, RETURN TIME: 5:00 PM

This hike will ramble through a managed NC State Forest in winter. A variety of landscapes and habitats are on display: wet valleys, dry ridge lines, hardwood forest, pine forest and of course waterfalls. We will view Triple Falls, High Falls, Grassy Creek Falls and Wintergreen Falls. Beginning near Triple Falls, the hike generally follows a winding loop, with a few spurs to see the falls.

M: 12.5, EG: 2000, R: VVS

Drive RT: 70 miles, \$6.00, L: 15

Leader: Charles Dial, 704.654.7041

(M) YELLOW BRANCH FALLS

START TIME: 10:00 AM, RETURN TIME: 3:00 PM

This hike starts with a pleasant ramble at Yellow Branch State Park to a 50-foot cascade in a typical mixed hardwood forest.

M: 4, EG: 750, R: M

Drive RT: 110 miles, \$9.00, L: 18

Leader: David Macindoe, 302.489.9814

Sunday, January 19,

(M) NINE TIMES PRESERVE

START TIME: 12:00 PM, RETURN TIME: 5:00 PM

This trail was built by the Nature Conservancy and is well maintained. The view from Cedar Rock will be a great lunch/snack spot. According to one interpretation, Nine Times is named because nine bridges were needed to cross the creek and gain access to the property. The 560-acre nature preserve is one of the most biologically significant properties in the Southeast. Located where the Southern Blue Ridge Mountains meet the Piedmont.

M: 4, EG: 700, R: M

Drive RT: 60 miles, \$5.00, L: 20

Leader: Bob Arnold, 864.723.4363



Saturday, January 25,

(VVS) SHINING ROCK – OLD BUTT KNOB

START TIME: 7:30 AM, RETURN TIME: 5:00 PM

Note: Wilderness hike limited to 10. We will hike from the parking lot on US 276 up Old Butt Knob to the top of Shining Rock. After lunch, we return via the Shining Creek and Dog Loser Knob trails. Spectacular views along the way.

M: 9, EG: 2600, R: VVS

Drive RT: 130 miles, \$10.00, L: 10

Leader: Paul MacGregor, 864.993.3907

(VS) JONES GAP UP AND DOWN

START TIME: 8:30 AM, RETURN TIME: 4:00 PM

An old favorite with our club. We begin at the parking lot at Jones Gap State Park, hike up the Jones Gap Trail to the Raven Cliff Falls parking Lot. Then return down the Coldspring Branch Trail and return to the starting point.

M: 10, EG: 1600, R: VS

Drive RT: 50 miles, \$4.00, L: 15 State park pass or fee required.

Leader: Dale Hamann, 864.386.3855

Sunday, January 26,

(MS) UPPER TO LOWER WHITEWATER FALLS – A SHUTTLE HIKE

START TIME: 10:00 AM, RETURN TIME: 5:00 PM

Hike starts on Foothills Trail at NC 281 trailhead to the overlook of the Upper Whitewater Falls for a spectacular view before descending and following the Whitewater River to the Lower Whitewater Falls. Return to the Bad Creek parking area. Shuttle required.

M: 7, EG: 600, R: MS

Drive RT: 120 miles, \$10.00, L: 25

Leader: Joe Hayden, 864.201.1521

(MS) HIKE TO TAMASSEE KNOB – OCONEE STATE PARK

START TIME: 12:00 PM, RETURN TIME: 5:00 PM

The group from Greenville will meet the hike leader at the Foothills Trail Terminix in Oconee State Park. From the Foothills Trail Terminix we will hike to Tamassee Knob and back. This well-maintained 2-mile, out and back trail providing scenery that is well worth the effort. Magnificent views are available in every direction. Others can meet at the Foothills Trail Terminix in Oconee State Park at 1:00.

M: 4 EG: 1000, R: MS

Drive RT: 100 miles, \$8.00, L: 25 State park pass or fee required.

Leader: Lisa Britt, 864.509.9605

CPO: Martha Severens, severens@att.net



Saturday, February 01,

(VVS) PALMETTO TRAIL/FOOTHILLS TRAIL LOOP

START TIME: 8:00 AM, RETURN TIME: 5:00 PM

Start at the parking area at Pavilion in Table Rock. Hike the Palmetto Trail to the Long Ridge connector trail. Lunch at the petroglyphs. Short distance to the Foothills Trail and return.

M: 14, EG: 3500, R: VVS

Drive RT: 50 miles, \$4.00, L: 15 State park pass or fee required.

Leader: Dolores Flores, 864.243.1561

(S) JONES GAP STATE PARK – DARGANS CASCADE

START TIME: 8:30 AM, RETURN TIME: 4:00 PM

Starting at the Ranger Station we will hike upstream on the Jones Gap Trail along the beautiful Middle Saluda River, visit Jones Gap Falls, then continue to Dargan's Cascade---our turn-around point and lunch spot. We return by the same route. Much of the trail is wide, so it offers good opportunities to gab with fellow hikers. The 1st and last mile is extremely rocky. A very nice winter hike. HIKE LEADERS' MODERATE PACE WILL PREVAIL. Note: Hike distance is measured from the parking area.

M: 9, EG: 1350, R: S

Drive RT: 50 miles, \$4.00, L: 18 State park pass or fee required.

Leader: Ron and Sharon Blake, 864.676.9177

(M) DUPONT – CEDAR ROCK LOOP

START TIME: 10:00 AM, RETURN TIME: 3:00 PM

From the parking lot on Cascade Lake Rd, we hike the 5.5-mile loop over Cedar Rock that offers good views from the top. Loop back toward the parking lot where we hike along the Little River.

M: 5.5, EG: 600, R: M

Drive RT: 70 miles, \$6.00, L: 18

Hike Leader: Ed Marsh, 864.414.3486

Saturday, February 08,

(VVS) SAM'S GAP TO BIG BALD

START TIME: 7:00 AM, RETURN TIME: 4:00 PM

NOTE: Early departure 7:00 a.m. Start at Sam's Gap and follow the Appalachian Trail east along the Tennessee, North Carolina border. We come back the same way. Spectacular views along the way.

M: 13, EG: 2700, R: VVS

Drive RT: 200 miles, \$16.00, L: 12

Hike Leader: Michelle Barger, 757.647.3617



(M) CONGAREE NATIONAL PARK – OAKRIDGE TRAIL

START TIME: 8:30 AM, RETURN TIME: 5:30 PM

Visit the only National Park in South Carolina with a focus on big old growth trees. This will be a level hike through a unique and recognized habitat. Passing through a rich stretch of old-growth forest, this trail traverses a subtle ridge where a variety of large oak trees grow. The number of low-lying sloughs makes this trail great for viewing wildlife like deer and wild turkey.

M: 7, EG: 50, R: M

Drive RT: 250 miles, \$20.00, L: 15

Hike Leader: Ron Anderson, 803.446.9028

CPO: Martha Severens, severens@att.net

Sunday, February 09,

(MS) CROWDERS MOUNTAIN

START TIME: 10:00 AM, RETURN TIME: 4:00 PM

MEET AT EARTHFARE

We will start at the Sparrow Springs parking lot and hike up through a boulder field to a gravel road that will take us by a tower at the top, where there are beautiful views and we will have lunch. After lunch we will descend down many stairs back to the trail returning to the parking lot.

M: 5, EG: 800, R: MS

Drive RT: 120 miles, \$9.00, L: 20

Leader: Troy Summerell, 864.303.7058

(MS) ASBURY CAMP – MOONSHINE FALLS

START TIME: 12:00 PM, RETURN TIME: 5:30 PM

This will be an out and back hike from Asbury Hills Camp to Moonshine Falls (our snack break) with a stop at Cascade Falls on the way back. Please Note: THERE IS A SHORT CABLE CROSSING TO CROSS MATTHEW CREEK! There will also be a couple of short scrambles to get the best water views for those who want to do them. Some flowers will be beginning to pop. Moderate pace hike. Please make sure you have plenty of water and sunscreen, and bring your camera.

Solo drivers can meet us at the Asbury Camp gate at approximately 12:30-12:45 pm. The address is 150 Asbury Drive, Cleveland, SC 29635. If you are coming from SC11/US276, head north on 276 at the split for 1.6 miles and turn left on Lakemont Rd. Go a very short distance and turn right on to Asbury Dr. Please let me know if you are planning to meet at the camp gate so we are not waiting for you to carpool. If you are carpooling from University Square please be there and ready to go by 11:45 am so we can coordinate drivers and riders!

M: 6, EG: 800, R: MS

Drive RT: 50 miles, \$4.00, L: 18

Leader: Sandy Hunter, 843.384.7617



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Saturday, February 15,

(VVS) PISGAH NATIONAL FOREST – CEDAR ROCK MOUNTAIN AND JOHN ROCK

START TIME: 8:00 AM, RETURN TIME: 5:30 PM

Hike Starts at Pisgah Fish Hatchery parking lot, and heads to Butter Gap via Cat Gap Loop and Butter Gap Trail. At Butter Gap, we pick up the Art Loeb Trail and head towards Cedar Rock Mountain. We follow a user trail to the top of Cedar Rock Mountain for great winter views. Another user trail returns us to the Art Loeb, which follows to Cat Gap. Next, we hike to John Rock, for more terrific views from high above the Fish Hatchery. Afterwards, we descend to the Hatchery parking lot.

M: 10, EG: 2600, R: VVS

Drive RT: 110 miles, \$9.00, L: 15

Leader: Charles Dial, 704.654.7041

(MS) EASTATOE NARROWS

START TIME: 10:00 AM, RETURN TIME: 4:00 PM

Beautiful in and out hike from Horsepasture Rd down into the Eastatoe Gorge to Eastatoe Creek. The highlight is the overlook at “The Narrows,” where the Creek travels through a narrow rock crevice.

M: 6, EG: 1000, R: MS

Drive RT: 80 miles, \$6.00, L: 18

Leader: David Macindoe, 302.489.9814

Sunday, February 16,

(MS) FOOTHILLS TRAIL/SLOAN BRIDGE TO WHITEWATER FALLS

START TIME: 12:00 PM, RETURN TIME: 6:00 PM

Beginning at Sloan Bridge access on Hwy 107, hike follows the Foothills Trail crossing the SC/NC state line moving from Sumter National Forest into Nantahala National Forest. The trail goes along the north side of the Chattooga Ridge and over the Grassy Knob as we hike toward Upper Whitewater Falls. Nice views of Lake Jocassee and Bad Creek Reservoir. Short car shuttle required. Solo hikers can meet the leader at Sloan Bridge access at 1:00 PM.

M: 5.5, EG: 800, R: MS

Drive RT: 112 miles, \$8.00, L: 18

Leader: Phil Howard, 317.402.8590

CPO: Martha Severens, severens@att.net

Saturday, February 22,

(VS) SAM'S KNOB AND DEVIL'S COURTHOUSE LOOP

START TIME: 7:30 AM, RETURN TIME: 5:00 PM

Hike begins and ends at Sam's Knob trailhead at the end of Black Balsam Rd off Blue Ridge Parkway. We will head towards Sam's Knob, climb Sam's Knob up and then head toward Devil's Courthouse, up and down, then loop back towards the parking area.

M: 8, EG: 1775, R: VS

Drive RT: 128 miles, \$10.00, L: 15

Leader: Judy Potwora, 864.363.5901



12/24/2020

(VVS) THE KINGS PINNACLE VIA RIDGELINE TRAIL

START TIME: 7:00 AM, RETURN TIME: 4:00 PM

MEET AT EARTH FARE, 7:00 AM.

Hike out to the Kings Pinnacle summit in Crowders Mountain State Park via the Ridgeline Trail beginning at the Boulders Access, and return the same way.

M: 11, EG: 2400, R: VVS

Drive RT: 120 miles, \$10.00, L: 12

Leader: Michelle Barger, 757.647.3617

Sunday, February 23,

(S) TABLE ROCK MILL CREEK FALLS TO "THE ROCK" – A SHUTTLE HIKE

START TIME: 10:00 AM, RETURN TIME: 4:30 PM

Hike starts at Table Rock Pavilion and follows the Palmetto Trail to Lower Mill Creek Falls. After exploring the falls, we will continue hiking west on the Palmetto Trail to "The Rock at Jocassee." Beautiful views year around. Short shuttle required.

M: 6, EG: 1450, R: S

Drive RT: 60 miles, \$5.00, L: 25 State park pass or fee required.

Leader: Joe Hayden, 864.201.1521

(E) SOUTH CAROLINA BOTANICAL GARDENS – CLEMSON

START TIME: 12:00 PM, RETURN TIME: 5:00 PM.

We will hike around the botanical gardens and explore the trails. We will do the Neusel Nature Trail, the Butterfly Garden, and the Natural Heritage Trail (which takes one through every habitat in South Carolina). For those that want to go into the Hanover House we can do that. It is open from 2-4:30 (donations accepted). We will also explore the Bob Campbell Geology Museum. 12:00 departure from University Square or meet the hike leader at the back-parking lot by the Geology Museum at 12:45.

M: 3.5, EG: 600, R: E

Drive RT: 64 miles, \$5.00, L: 25

Leader: Lisa Britt, 843.509.9605

CPO: Martha Severens, severens@att.net

Saturday, February 29,

**(VVS) THE OTHER GREEN KNOB BIG EAST FORK/BRIDGES CAMP GAP –
FIGURE 8 LOOP**

START TIME: 7:00 AM, RETURN TIME: 6:00 PM.

Starting from the Big East Fork trailhead (in Pisgah Ranger District off Hwy 276), we will take a steep user trail up the ridgeline to meet the Mountain-to-Sea Trail at Green Knob. (Note that this is not the same Green Knob as the one in the Middle Prong Wilderness). We will then follow the MST south to meet the Bridges Camp Gap Trail, with a side trip to Skinny Dip Falls, where we will have lunch. As we descend Bridges Camp, we re-enter the Shining Rock Wilderness and enjoy beautiful river views, completing the loop on the Big East Fork trail.

M: 12, EG: 2500, R: VVS

Drive RT: 150 miles, \$12.00, L: 10

Leader: Jerry Ellsworth, 864.266.9940

**(MS) SASSAFRAS MOUNTAIN****START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

We will start at Sassafras Mountain and head down the Foothills Trail to the Chandler homesite. After a short break we'll backtrack 50 feet to hook up with the new Roundtop section of the Palmetto Trail. We'll hike down for some views and then backtrack back to the cars. And of course, we'll check out the new observation tower for the fabulous 360° views!

M: 5, EG: 800, R: MS**Drive RT: 75 miles, \$6.00, L: 18****Leader: Phil Howard, 317.402.8590****Sunday, March 01,****(M) PLEASANT RIDGE COUNTY PARK****START TIME: 12:00 PM, RETURN TIME: 4:00 PM**

Pleasant Ridge County Park, 4232 Hwy 11, Marietta SC. We will be hiking on the Jorge Francisco Arango (JFA Trail). It's a jewel of the trail close to Greenville. It's a hard-pack single-track trail and a joy to all hikers/runners and bikers. Bikers and hikers start at opposite ends of the trail in the parking lot. Also, restrooms are available. Please let the leaders know if you'll meet at Pleasant Ridge at 12:30 PM.

M: 6, EG: 800, R: M**Drive RT: 50 miles, \$4.00, L: 25****Leader: Ursula Gibbs, 864.630.9383 and Emily Gilstrap, 864.884.9835****Saturday, March 07,****(VVS) BALD ROCK – EVA CHANDLER – WILDCAT WAYSIDE & ASHMORE HERITAGE PRESERVES****START TIME: 8:30 AM, RETURN TIME: 5:00 PM**

Form carpools at University Square Shopping Center and meet leader at the Old Camp Spearhead parking lot on Civitan Road, Cleveland, SC at 9:00 AM.

Starting at the Bald Rock Overlook on US 276 we will hike through the Bald Rock Preserve with excellent views from Bald Rock. After a short walk on Persimmon Ridge Rd. we will visit an old moonshine still and 5 waterfalls on Slickum Creek in the Eva Chandler Preserve. Next our hike will take us to 3 waterfalls in the Wildcat Wayside Preserve and up to Persimmon Ridge Rd. which we will walk for a short distance before we take a connector trail to the Mountain Bridge Passage Trail which we will follow up the side of the ridge between Campbell Mountain and Green Mountain. Our adventure will continue in the direction of Green Mountain in the Ashmore Heritage Preserve where we will visit an overlook with nice views. An old road/user trail will take us back to the Mountain Bridge Passage and a short hike down to Camp Spearhead.

This hike will be mostly bushwacks, user trails, old roads, and only a few official trails for short distances. This hike is not a hike for those who prefer well-manicured trails.

M: 12, EG: 2900, R: VVS**Drive RT: 44 miles, \$4.00, L: 15****Leader: Sim Wright, 803.840.6274**



(VS) LAUREL FORK GAP

START TIME: 10:00 AM, RETURN TIME: 4:00 PM

We will hike from Laurel Fork Gap to Lake Jocassee, past Laurel Fork campsite and falls, then on down to Lake Jocassee. We hope to encounter the elusive Oconee Bell wildflowers on the way. We'll have the option to do the side trail to Virginia Hawkins Falls on the return to the cars. (Not a beginner hike, this hike has it's "up" on the way out!)

M: 10, EG: 1300, R: VS

Drive RT: 80 miles, \$6.00, L: 15

Leader: Sandy Hunter, 843.384.7617

Sunday, March 08,

(S) NINE TIMES LOOP – BIG ROCK

START TIME: 10:00 AM, RETURN TIME: 5:00 PM

Form carpools at University Square and meet hike leader at Holly Springs at 10:30. This loop hike has a little of everything! A steep climb, a steep downhill, scrambling, flat old forest roads, a walk on an old railroad bed by a babbling creek, and 360° views! We will first climb Big Rock and lunch on top. After taking in the views, we will continue on the loop.

M: 5, EG: 1000, R: S

Drive RT: 70 miles, \$6.00, L: 15

Leader: Bev Parlier, 828.883.9278, Cell: 828.507.6026

CPO: TBD

(MS) BRACKEN MOUNTAIN TRAIL LOOP

START TIME: 12:00 PM, RETURN TIME: 5:30 PM

Bracken Preserve is a Brevard City Park opened in the last few years. We'll hike to the top on the Brushy Creek Trail, then back down on the Bracken Mountain Trail. This is a 6-mile moderately trafficked out and back trail located near the Brevard Music Center that follows along Brushy Creek River and is rated as moderate. There are lots of ferns and rhodys along the way, and great signage with descriptions to what we might see and historical information along the way.

M: 6, EG: 1000, R: MS

Drive RT: 90 miles, \$7.00, L: 18

Leader: Elizabeth Brown, 954.294.8838

Saturday, March 14,

(VVS) COLD MOUNTAIN

START TIME: 7:30 AM, RETURN TIME: 6:00 PM

Wilderness Area: limited to 10 hikers.

Trailhead will be at the Camp Daniel Boone, located off NC 215. We will hike to Cold Mountain, the northern terminus of the Art Loeb Trail. There are great views and a cross section of life zones from Appalachian to Canadian.

M: 10, EG: 2790, R: VVS

Drive RT: 170 miles, \$14.00, L: 10

Leader: Paul MacGregor, 864.993.3907



12/24/2020

(S) GRAVEYARD FIELDS – FALLS LOOP

START TIME: 7:30 AM, RETURN TIME: 5:00 PM

Starting at Graveyard Fields Upper Falls we will hike to the Lower Falls, then loop around back to the start.

M: 10, EG: 2790, R: VVS

Drive RT: 170 miles, \$14.00, L: 10

Leader: Judy Potwora, 864.363.5901

(M) DUPONT STATE FOREST – SHEEP MOUNTAIN TO HIGH FALLS

START TIME: 9:30 AM, RETURN TIME: 3:30 PM

Starting at Corn Mill Shoals parking lot, we will hike Longside and Pine Tree trails, cross Staton Rd. and pick up Cascade Trail to Sheep Mountain Loop and onto High Falls. Short shuttle required between Corn Mill Shoals and High Falls Access areas. Hike will be at a MODERATE PACE. Solo hikers can meet at Corn Mill Shoals access at 10:15 AM.

M: 5.5, EG: 300, R: M

Drive RT: 75 miles, \$6.00, L: 15

Leader: Cindy Wells, 864.430.7471

Sunday, March 15,

(MS) PETROGLYPHS VIA PALMETTO TRAIL – SHORT ROUTE

START TIME: 1:30 PM, RETURN TIME: 6:00 PM

Starting from “The Rock at Jocassee,” we connect with the Palmetto Trail, then onward along an old logging road that takes us up the ridge to the Petroglyph site. There are about 600 petroglyphs on the outcrop and excellent views. Return via the same route.

M: 5, EG: 1100, R: MS

Drive RT: 50 miles, \$4.00, L: 25

Leader: Joe Hayden, 864.201.1521

Saturday, March 21,

(VVSS) PISGAH NATIONAL FOREST – AVERY CREEK BASIN LOOP

START TIME: 7:30 AM, RETURN TIME: 6:00 PM

We will hike along the rim of the Avery Creek drainage by beginning on Coontree Loop, then head toward Black Mountain via Bennet Gap and Pressley Cove Trails. On the Black Mtn. Trail, pass over Black Mountain, Clawhammer Mtn, and Rich Mtn. Then hike over Buckwheat Knob and Coontree Mtn. to return to the Coontree Loop. This will be a fast-paced hike, up and down over several mountains in the heart of the Pisgah Ranger District.

M: 12.3, EG: 3950, R: VVVS

Drive RT: 110 miles, \$9.00, L: 17

Leader: Charles Dial, 704.654.7041



12/24/2020

(M) CONNEMARA/BIG GLASSY/LITTLE GLASSY, FLAT ROCK, NC

START TIME: 12:00 PM, RETURN TIME: 5:30 PM

Carl Sandburg Home National Historic Site.

We will take the Memminger Trail to the top of Big Glassy Mtn then Little Glassy Mtn. This hike includes a walk around the lake. We will visit the Goat barn (the offspring are from Mrs. Sandburg's original goats). There may be some newborn goats if we're lucky. The first baby goats are usually born @ the end of March. Last year we saw triplets born the day before the hike. This hike will be @ a moderate pace.

M: 4.5, EG: 700, R: M

Drive RT: 60 miles, \$5.00, L: 15

Co-Leaders: Linda Velez, 828.329.1965 and Nancy Englisbe, 864.360.2864

Sunday, March 22,

(S) JONES GAP TO DARGAN'S CASCADE

START TIME: 10:00 AM, RETURN TIME: 5:00 PM

Hike straight up the gorge to lunch beside the pool, then hike back. Great winter views.

M: 8, EG: 1000, R: S

Drive RT: 50 miles, \$4.00, L: 25 State park pass or fee required.

Leader: Ann Flynn, 864.630.5931

(MS) ASHMORE PRESERVE – TO THE HIGH ROCK

START TIME: 1:30 PM, RETURN TIME: 5:30 PM

Starting on Persimmon Ridge Road, we'll hike past the bat tower then up the trail beside views of Wattacoo Lake to the amazing view from the high rock. Bring binoculars so you can identify the peaks and towers (and tell me what they are). If time allows, on the way back, we can do a side trail around the lake to see pitcher plants or hike up a short trail to see a waterfall. The hike is mostly UP for the first hour and 15 minutes, and with 20-25 minutes at the top, the hike down and around the lake or to a waterfall, we will need to be mindful of time in order to be back in Greenville by 5:30.

Please wear sturdy shoes and bring a snack or small lunch to eat on The High Rock, plenty of water, and a hiking stick, if you use one. Looking forward to a wooded hike, a good workout, and good conversations!!

M: 5.2, EG: 1300, R: MS

Drive RT: 40 miles, \$3.00, L: 18

Hike Leader: Candi Samples, 803.493.0564



Saturday, March 28,

**52nd ANNUAL GENERAL MEETING
ROCKY BOTTOM RETREAT & CONFERENCE CENTER FOR THE BLIND
123 Hancock Road, Sunset, SC 29685
START TIME: 1:00 PM**

Hikers are to be off the trails and to the meeting location by 1:15PM.

Everyone is welcome to attend this event ... whether you plan to hike or not. Our club tradition is to start this special day with a morning of hiking followed by a hot meal, a short business meeting, and a speaker. If you plan to hike, please sign up for one of the published morning hikes. After your hike is over, your group will carpool to the AGM site for lunch and the business meeting.

Drive RT: 50 miles, \$4.00

Club President: Jerry Ellsworth, 864.266.9940

**AGM LONG HIKE
(VVS) FOOTHILLS TRAILS FROM TABLE ROCK TO SASSAFRAS
START TIME: 7:00 AM @ SASSAFRAS**

We will hike from the Visitor's Center at Table Rock SP on the Foothills Trail, to the new observation tower at the peak of Sassafras Mtn.

We will meet at the Sassafras Mtn parking area at 7am and shuttle to Table Rock. At the end of the hike, we will leave from Sassafras directly to the AGM.

M: 10, EG: 3000, R: VVS

Drive RT: 50 miles, \$4.00, L: 10

Leader: Jerry Ellsworth, 864.266.9940

**AGM SHORT HIKE
(M) TWIN COVE FALLS
START TIME: 9:30 AM, RETURN TIME: 1:00 PM**

This hike follows an old logging road bed in the Eastatoe Valley in north Pickens County. It crosses the river several times, includes wet crossings, and shows us numerous waterfalls (including the much-photographed Twin Cove Falls) under a canopy. This hike is an in-and-out hike, and we will also drive to a second location to see the picturesque view from the bottom of the falls.

Hikers will proceed to the AGM after the hike.

M: 3, EG: 600, R: M

Drive RT: 60 miles, \$5.00, L: 18

Leader: Elizabeth Brown, 954.294.8838



Sunday, March 29,

(MS) RAVENS ROCK – KEOWEE TOXAWAY STATE PARK

START TIME: 12:00 PM, RETURN TIME: 6:00 PM

Hike begins on the Natural Bridge Trail and continues on the recently re-routed Raven Rock Trail. This figure 8 trail follows the shoreline of Lake Keowee to a high rock bluff with an awesome view. Hike will be conducted at a moderate pace. There are great views of Lake Keowee this time of year. It's been wet, so bring some dry socks. For those carpooling please be at University Square by 11:40 AM. For those meeting at the trailhead, please be there by 1 pm.

M: 5, EG: 800, R: MS

Drive RT: 70 miles, \$6.00, L: 24

Leader: Nancy Englisbe, 864.360.2864

Saturday, April 04,

(VVSS) – APPALACHIAN TRAIL – CHEOAH BALD

START TIME: 7:00 AM, RETURN TIME: 7:00 PM

MUST CONTACT THE LEADER FOR CLEARANCE TO HIKE. UNKNOWN HIKERS WHO HAVE NOT REACHED OUT TO THE HIKE LEADER WILL BE REMOVED FROM THE HIKE ROSTER.

Described as "One of the 7 hardest day hikes on the Appalachian Trail," the hike begins at the Nantahala Outdoor Center near Bryson City, NC and follows the AT through Sassafras Gap to Cheoah Bald at 5,023ft. This is an out-and-back hike for a total of 16 plus miles. Very challenging with great views at Cheoah Bald. Drive time each way is approximately 2 hours from Greenville SC. Hike time approximately 8 hours. The hike will be at a moderate pace as there are a lot of miles to complete in one day.

M: 16.6, EG: 4301, R: VVSS

Drive RT: 248 miles, \$20.00, L: 15

Leader: Mike Sullivan "Sulli", 864.680.0140

(VS) BAD CREEK TO UPPER WHITEWATER FALLS

START TIME: 8:00 AM, RETURN TIME: 4:00 PM

Starting at the Bad Creek parking lot we will climb to the Upper Falls overlook then return to the Foothills Trail and return by the old FHT and back to the parking lot.

M: 5, EG: 800, R: VS

Drive RT: 130 miles, \$10.00, L: 25

Leader: Dale Hamann, 864.386.3855

Sunday, April 05,

(MS) CASHIERS – WHITESIDE MOUNTAIN

START TIME: 10:00 AM, RETURN TIME: 5:00 PM

One of our prettiest hikes. A moderate walk up the mountain, with a side trip to Devil's Courthouse where we will probably eat lunch. Splendid views make this a really worthwhile trip!

M: 5, EG: 800, R: MS

Drive RT: 130 miles, \$10.00, L: 25 + parking fee

Leader: Ann Flynn, 864.630.5931



Saturday, April 11,

(VVSS) PISGAH NATIONAL FOREST –DAVIDSON RIVER TO BLACK BALSAM KNOB.... AND BACK

START TIME: 8:30 AM, RETURN TIME: 6:30 PM

THIS IS A CHALLENGING HIKE, CONSULT WITH HIKE LEADER IN ADVANCE.

It is a beautiful hike! We will start at the Daniel Ridge Loop trailhead (elev. 2,625 ft.) on the Davidson River past the Fish Hatchery. We then head towards the Art Loeb Trail via Daniel Ridge Loop and Farlow Gap Trail. Several interesting, weather influenced, stream crossings in this area. Once we reach Farlow Gap, we follow the Art Loeb up Shuck Ridge to reach the Blue Ridge Parkway. Next, a short, but steep, climb brings us atop the Pisgah Ridge, elevation nearly 6000 ft. Now, in the Canadian Forest Zone, we hike through fir and spruce trees and open, grassy slopes to reach Black Balsam Knob, elevation 6,214 ft. Afterwards, we return as we came, and the return aspect is equally beautiful! Again, this is a challenging hike. Hikers must be prepared physically and properly outfitted.

M: 17.5, EG: 4500, R: VVSS

Drive RT: 110 miles, \$9.00, L: 15

Leader: Charles Dial, 704.654.7041

(S) NORTH CAROLINA ARBORETUM & BENT CREEK AREA

START TIME: 8:30 AM, RETURN TIME: 4:00 PM

Starting at Hard Times trail head we will make a loop going up to the Blue Ridge Parkway and then down to the NC Arboretum to view the plants in a wonderful garden setting.

M: 9, EG: 1000, R: S

Drive RT: 100 miles, \$8.00, L: 16

Leader: Stephen Root, 864.346.3081

(S) JOHN ROCK – PISGAH NATIONAL FOREST

START TIME: 10:00 AM, RETURN TIME: 5:00 PM

John Rock in the Pisgah National Forest is a wonderful 6.2-mile loop hike with a good climb that affords wonderful valley and mountain views, including neighboring Looking Glass Rock, from the smooth rock summit. The John Rock trail is easy to access - park at the Pisgah Center for Wildlife Education and the State Fish Hatchery near Brevard. Enjoy Cedar Rock Falls along the hike as you climb 1,600 ft. in elevation to the summit at 3,320 ft.

M: 6.2, EG: 1600, R: S

Drive RT: 110 miles, \$9.00, L: 18

Leader: Karen Csizmadia, 864.915.9320



12/24/2020

Sunday, April 12, - EASTER SUNDAY - NO HIKES PLANNED

Saturday, April 18,

(VVSS) APPALACHIAN TRAIL – ROAN MOUNTAIN – SHUTTLE

START TIME: 7:00 AM, RETURN TIME: 7:00 PM

MUST CONTACT THE LEADER FOR CLEARANCE TO HIKE. UNKNOWN HIKERS WHO HAVE NOT REACHED OUT TO THE HIKE LEADER WILL BE REMOVED FROM THE HIKE ROSTER.

We will meet at “The Station at 19E Hostel & Pub” at Roan mountain and then shuttle to Carvers Gap to start our hike. THE SHUTTLE CHARGE WILL BE APPROXIMATELY \$10 EACH. BRING CASH!

Roan Mountain is frequently considered the most scenic stretch of the Appalachian Trail in the Southeast. It looks like a scene in the treeless highlands of Scotland. Yelling “Freedom” from the summits is encouraged. We will start our hike from Carvers Gap and climb up to Round Bald and begin the roller coaster to Jane Bald while taking a side trip up to Grassy Ridge Bald which is the highest point of the hike at 6165’. We will return back to the AT and continue over Yellow Mountain. Soon we will begin to climb the Little Hump Mountain, which is tough. About a 1,000 ft. elevation gain over 2 or so miles. We will then come through the tree line and there will be a 360-degree view of the Blue Ridge Mountains. We will then begin a gnarly climb to the top of Hump Mountain with a few false summits. You may ask yourself if we are there yet. Nope! It is straight up with a 400 ft. elevation gain in about 0.25 miles. From the top of Hump Mountain, there’s a perfect view of Grandfather Mountain, Sugar Mountain, and the Blue Ridge Mountains of North Carolina and Tennessee. We will continue on rolling hills along a fence line with amazing views until we duck back into the woods for our long decent out Buck Springs 19E. This is a 16.8 mile heavily trafficked point-to-point trail that features beautiful wildflowers and rolling terrain recommended only for very experienced adventurers.

M: 16.8, EG: 3000, R: VVSS

Drive RT: 270 miles, \$22.00 + \$10.00 for the Shuttle, L: 15

Leader: Mike Sullivan "Sulli", 864.680.0140

(MS) GREEN RIVER COVE TRAIL, SALUDA, NC

START TIME: 10:00 AM, RETURN TIME: 5:00 PM

This is an in-and-out hike that will bring us along the Green River as it goes from slow moving to whitewater. The trail has several ups and downs, some creek crossings, and various surfaces. We will have lunch on boulders at the river's edge. We may even see kayakers braving the nearby whitewater drops. Then, a good climb right after lunch to get your heart pumping. Expect to see wildflowers along the way. There is hunting in the Green River Game Lands so safety orange or bright blue clothing is recommended. An optional stop at a nearby watering hole is possible depending on interest. Carpools will be organized to suit your choice to stop or not. HIKE LEADERS' MODERATE PACE/RELAXED MODE WILL PREVAIL.

M: 7, EG: 1000, R: MS

Drive RT: 70 miles, \$6.00, L: 18

Leader: Ron & Sharon Blake, 864.676.9177



Sunday, April 19,

(S) TABLE ROCK – TO NEW PETROGLYPHS

START TIME: 10:00 AM, RETURN TIME: 5:00 PM

Form carpools at University Square and hike leader will meet all at the Table Rock main parking lot at 10:30. We will hike the Table Rock Trail to the summit. Just past Governor's Rock, we will go off trail to a newly discovered petroglyphs site. There are several hundred prehistoric carved circles here, similar to those at nearby Long Ridge. (There are several other glyph sites on Table Rock.) We will have lunch at the site, and take in the magnificent view before returning the same way.

M: 6, EG: 1700, R: S

Drive RT: 50 miles, \$4.00, L: 15 State park pass or fee required.

Leader: Bev Parlier, 828.883.9278, cell: 828.507.6026

CPO: Elizabeth Brown, 954.294.8838

Saturday, April 25,

HIKE MAINTENANCE DAY – NO HIKES PLANNED

FOOTHILLS TRAIL

START TIME: 8:30 AM, RETURN TIME: 4:00 PM

It's our day to give back and support the trails we enjoy hiking on weekly and there's something for everyone to do regardless of physical strength. On this day, GNHA will be assisting the Foothills Trail Conservancy with maintenance on their trails. We will meet at University Square and form carpools. Please bring sturdy footwear, work gloves, and lunch. Tools will be provided by the Foothills Trail Conservancy but if you have a favorite shovel, rake or other trail maintenance tool please feel free to bring it along.

Co-leaders: Cathy Reas Foster, 864.260.0074 and Tom Strunk, 864.906.2366

Sunday, April 26,

(S) WILDCAT ROCK TRAIL TO BEARWALLOW MOUNTAIN

START TIME: 12:30 PM, RETURN TIME: 7:30 PM

This hike starts at Florence Nature Preserve trailhead in Gerton. The trail features three outstanding landmarks: a stunning waterfall, breathtaking views from a rock outcrop, and a picturesque ridgeline meadow.

M: 6, EG: 1600, R: S

Drive RT: 85 miles, \$7.00, L: 18

Leader: Candi Samples, 803.493.0564