



12/18/2019

# GREENVILLE NATURAL HISTORY ASSOCIATION

## HIKE SCHEDULE – WINTER 2019

**Refer to Meetup for Latest Information Prior to a Hike**

### **GNHA IS ONLINE AT:**

Meetup Site: [www.meetup.com/GNHA-Hiking-Club](http://www.meetup.com/GNHA-Hiking-Club)

Club Website: [www.greenvillehiking.com](http://www.greenvillehiking.com)

Facebook Page: [www.facebook.com/greenvillehiking](http://www.facebook.com/greenvillehiking)

### **CLUB HIKING GUIDELINES:**

- All hikers must RSVP to hike. GNHA Meetup message app is the preferred method over phone or email to hike leaders.
- Each hiker is responsible for his or her own safety; refer to Safety & Liability Policy.
- Always wear suitable clothing, sturdy footwear (boots or hiking boots), bring plenty of water and a snack or lunch, bring rain gear when inclement weather is predicted; refer to hiker's guide.
- Do not attempt any hike beyond your ability; if there is any question about the trail, rating of the hike or conditions, contact the leader.
- Arrive 15 minutes early to form carpools. Offer driver gas money as noted in the hike description ("Drive RT" cost is \$0.08 per mile). Hikes leave promptly at the published START TIME.
- Sign in before the hike with an emergency phone number.
- Notify leader of any special conditions you may have (e.g. injury, illness, etc.).
- Do not hike ahead of leader without specific permission.
- Consider wearing blaze orange clothing or hat during hunting season.
- Minors must be accompanied by their parent.
- Sorry, no pets on hikes.

**HIKERS WILL MEET AND FORM CARPOOLS AT UNIVERSITY SQUARE SHOPPING CENTER unless otherwise noted.** This is the Publix shopping center on the west side of Poinsett Highway, two miles north of Cherrydale Shopping Center and one mile south of Furman University. We form carpools next to McDonalds Restaurant. Many hike descriptions will instruct carpools to meet their hike leader at an alternate site or trail head. Return times are approximate.

**ANNUAL DUES ARE \$5.00 PAYABLE JANUARY 1.** Dues are not pro-rated; but, if you join after October 1<sup>st</sup>, your payment will cover the following year. *Payment on-line through the Club Website / PayPal is preferred.* **Please consider paying for more than one year to reduce transaction costs.**

If you choose to pay by mail, please make your check payable and mail it to:

**Greenville Natural History Association  
17 Hidden Hills Drive  
Greenville, S.C. 29605  
Att: GNHA Treasurer**

**OFFICERS:****PRESIDENT/MEETUP ORGANIZER:**

Joe Hayden                    [joehayden@allstate.com](mailto:joehayden@allstate.com)                    864.201.1521

**VICE PRESIDENT:**

Troy Summerell            [troy.summerell@yahoo.com](mailto:troy.summerell@yahoo.com)            864.303.7058

**TREASURER/MEMBERSHIP:**

Ann Flynn                    [annleo@charter.net](mailto:annleo@charter.net)                    864.630.5931

**SECRETARY:**

Martha Severens            [severens@att.net](mailto:severens@att.net)                    864.242.6817

**BOARD MEMBERS:**

Larry Ray                    [clemson70@gmail.com](mailto:clemson70@gmail.com)                    864.784.7304

Elizabeth Brown            [elizabethkbrown2015@gmail.com](mailto:elizabethkbrown2015@gmail.com)            954.294.8838

Jerry Ellsworth            [jerry.ellsworth@gmail.com](mailto:jerry.ellsworth@gmail.com)            864.266.9940

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Tom Strunk                    [strunkjunk@att.net](mailto:strunkjunk@att.net)                    864.906.2366

Bob Griffin                    [griffin.robert@att.net](mailto:griffin.robert@att.net)                    864.313.0422

Lynn Coleman                [sicolemanjr1@gmail.com](mailto:sicolemanjr1@gmail.com)                864.884.5697

Phil Howard                    [pjhoward365@iCloud.com](mailto:pjhoward365@iCloud.com)                    317.402.8590

Cindy Wells                    [cwells5@charter.net](mailto:cwells5@charter.net)                    864.430.7471

Alternate: Dale Hamann    [dasaham@charter.net](mailto:dasaham@charter.net)                    864.235.9709

**HIKE PLANNING:****WEEKEND HIKES (ALL WEEKEND HIKES ARE PUBLISHED ON MEETUP)**

Saturday & Hiking Ops Manager: Paul MacGregor            864.993.3907

Saturday Hikes – Long Program: Jerry Ellsworth            864.266.9940

Saturday Short & Sunday Hikes: Elizabeth Brown            954.294.8838

Sunday Long Hikes            Bev Parlier                    828.883.9278

**WEDNESDAY HIKES (PUBLISHED ON MEETUP)**

Fast Pace, VVS Hikes:            Sim Wright                    803.840.6274

Moderate Pace, S-VVS Hikes:    Jerry Miller                    216.276.2276

Dale Hamann                    864.386.3855

Slower Pace, MS-VS Hikes:      Dean Rainey                    864.232.0738

Slower Pace, M-MS Hikes:      Lynn Coleman                    864.884.5697

**Web Master:**

Lisa Hall                    864.292.9118

**Meetup Organizer:**

Joe Hayden                    864.201.1521

**GNHA Facebook Coordinators:**

Sheley Revis                    864.993.3907

Elizabeth Brown                954.294.8838



## Hike Rating System

### HIKE ABBREVIATIONS:

**M:** miles, **EG:** elevation gain, **Rating:** below; **Drive RT:** round trip miles, cost; **L:** limit of hikers

Hike Rating System			Hike Rating:
Hike (miles)	Elevation Gain (feet)	Points	Add points for distance and elevation gain
1	200	1	<ul style="list-style-type: none"> <li>● <b>E (Easy)</b> = 0-4</li> <li>● <b>M (Moderate)</b> = 5-8</li> <li>● <b>MS (Moderate/Strenuous)</b>= 9-12</li> <li>● <b>S (Strenuous)</b>= 13-16</li> <li>● <b>VS (Very Strenuous)</b>= 17-20</li> <li>● <b>VVS (Very Very Strenuous)</b>= 21-30</li> <li>● <b>VVSS (Very Very Super Strenuous)</b>= 31+</li> </ul> <p><b>Example:</b></p> <p><b>M: 8</b> [Distance of hike: = 8 points]</p> <p><b>EG: 1000</b> [Elevation gain: = 5 points]</p> <p>TOTAL = <u>13 Points</u></p> <p><b>Rating = S</b> (Strenuous)</p>
2	400	2	
3	600	3	
4	800	4	
5	1000	5	
6	1200	6	
7	1400	7	
8	1600	8	
9	1800	9	
10	2000	10	
11	2200	11	
12	2400	12	

All hikers must RVSP to hike. GNHA Meetup.com is the preferred method, over phone or email to hike leaders.



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## HIKE LEADERS - WINTER 2019

Arnold, Bob	2/3	Hamann, Dale	3/16
Arnold, Laura	4/21	Horn, Craig	2/23
Bailey, Laura	1/6, 4/28	Howard, Phil	4/14
Barger, Michelle	1/19, 3/23, 4/20, 5/3 - 5/5	Hunter, Sandy	2/2, 3/10
Blake, Ron & Sharon	2/9, 4/13	Leo-Flynn, Ann	4/7, 4/26
Bolt, Terry	1/19	MacGregor, Paul	1/1, 1/26, 4/6
Britt, Lisa	2/10	Marsh, Ed	2/16
Brown, Elizabeth	3/3, 3/30, 4/13	Miller, Jerry	1/26, 3/9, 4/27
Coleman, Lynn	2/17	Parlier, Bev	2/16, 3/2
Dial, Charles	2/9	Renault, Lance	1/5, 2/2, 3/2, 3/23
Ellsworth, Jerry	1/5, 3/30, 4/20	Revis, Sheley	3/16, 4/7
Englisbe, Nancy	3/24, 4/7	Root, Steve	1/19, 3/9, 4/27
Flores, Dolores	2/23,	Samples, Candi	3/17, 3/31
Foster, Cathy Reas	2/16, 4/13, 4/20	Strunk, Tom	4/6
Garrison, Rick	2/16	Summerell, Troy	1/13, 4/28
Gilstrap, Emily	2/7	Velez, Linda	3/23
Gregory, Mary S	1/20, 5/5	Wells, Cindy	1/1, 3/16
Griffin, Bob	2/27	Wright, Sim	1/12, 3/2
Hayden, Joe	1/27, 3/24	Ziegler, Paula	2/10, 2/24
		Zimmer, Jeff & Martine	1/1



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## HIKE SYLLABUS - WINTER 2019

### TUESDAY, JAN 1, 2019, NEW YEAR'S DAY

#### **NEW YEAR'S DAY – PARIS MOUNTAIN STATE PARK – HOBO STEW & HIKES**

Join your fellow hikers for a morning of hiking followed by lunch starting around 12:00 PM at Shelter 5 at Paris Mountain. If you don't want to hike, then come and eat.

We will form carpools this year at the intersection of State Park and East Mountain Creek Roads. The parking attendant will collect everyone's can vegetables prior to hike departure and get your food to the chef. The start times from the carpooling site are shown below. Please arrive 15 minutes early to get into a carpool. State Park admission fee required; therefore, consider carpooling with drivers having an annual State Park pass. We are carpooling into the park because of capacity limitations with other state park events. This is a condition of our club's use of Shelters 5 and 6 on this date.

Hikes will start from different trailheads along State Park Road and will NOT start from Sulphur Springs Shelter as we have done in the past.

#### **(S) HIKE 1: Fast Pace**

**Start Time: 8:30 AM**

We will hike Sulphur Springs Trail to Fire Tower and North Lake trails and return via Pipsissewa and Kanuga trails.

**M: 8 EG: 1230, R: S**

**Leader: Paul MacGregor, 864.993.3907**

#### **(MS) HIKE 2: Medium Pace**

**Start Time: 8:45 AM**

We will hike Sulphur Springs Trail and then trails to be determined by the leader for a hike of about six miles.

**M: 6 EG: 1000, R: MS**

**Leader: Jeff and Martine Zimmer, 864.303.7058**

#### **(E) HIKE 3: Slower Pace**

**Start Time: 9:30 AM**

Shorter hike around Lake Placid and back to Shelter 5 for about three miles.

**M: 3 EG: 100, R: E**

**Leader: Cindy Wells, 864.430.7471**

All hikers will return to Shelter 5 around 12:00 noon for Hobo Stew. Please bring a can of VEGETABLES for the stew and an extra non-perishable food item for a food pantry. This is a vegetarian stew. Some hikers may wish to bring a dessert or cornbread to share. Don't forget to bring your own spoon. Cans will be used as bowls. Those who can, please bring a few logs for firewood. Tom Parlier, the Iron Chef of Rosman will be in charge of the stew.

**See You There!**

**Event Host: Bev Parlier, 828.883.9278**

**Chef: Tom Parlier, "The Iron Chef of Rosman"**

**Chief Parking Attendant: Troy Summerell**



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## **SATURDAY, JAN 5**

### **(VVS) DANIEL RIDGE - FARLOW GAP - PILOT MTN - PISGAH SHUTTLE**

Beginning from the Daniel Ridge trailhead off FSR-475, we will visit Tom Spring Falls before ascending on Daniel Ridge and Farlow Gap Trails. Along the way we'll see the photogenic Shuck Ridge Creek Falls (scrambling required), and some other unnamed cascades.

After that, the serious climbing begins up Farlow Gap to meet the Art Loeb, and then going over Sassafras and Pilot Mountains. After descending Pilot Mtn, we will finish at Gloucester Gap for a short shuttle back to our cars.

**M: 11 EG: 3500, R: VVS**

**Drive RT: 140 miles, \$11.00, L: 15**

**Leader: Jerry Ellsworth, 864.266.9940**

### **(VVS) FOOTHILLS TRAIL to HILLIARD FALLS**

**START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

From Duke Energy's Bad Creek parking area, we will follow the Foothills Trail to Hilliard Falls for lunch and return by the same trail.

**M: 11, EG: 2400, R: VVS**

**Drive RT: 110 miles, \$8.80, L: 15**

**Leader: Lance Renault: 864.325.4639**

## **SUNDAY, JAN 6**

### **(M) CROFT STATE PARK – SOUTHSIDE LOOP TRAIL (THE OTHER HALF)**

**START TIME: 12:00 PM, RETURN TIME: 6:00 PM**

**MEETUP LOCATION: Earth Fare on Pelham Road**

We'll be using the Centerline Trail to hike approximately half of the 9.7-mile Southside Loop Trail. The Southside Loop Trail is the longest trail in the park and travels through rolling terrain, hills, and along creeks. Admission is free with a SC State Park pass. Otherwise, it's \$2 for adults and \$1.25 for seniors. The hike leader will be at the Southside parking lot at the end of Groce Road at 12:30 PM.

**M: 5, EG: 200, R: M**

**Drive RT: 65 miles, \$5.00 plus park admission, L: 18**

**Leader: Laura Bailey, 843.860.7010**

**CPO: Martha Severens, severens@att.net**

## **SATURDAY, JAN 12**

### **(VVS) PISGAH NATIONAL FOREST – CASE CAMP – SENIARD RIDGE FIGURE 8**

**START TIME: 7:30 AM, RETURN TIME: 6:00 PM**

**NOTE: EARLY DEPARTURE AT 7:30 AM**

Form carpools at University Square Shopping Center and meet leader at the BiLo parking lot above the Pizza Hut in Pisgah National Forest at the intersection of US 276 and US 64 at 9:00 AM.

Starting at the Case Camp Trailhead on FS 475B we will go west on the Case Camp Trail to the Blue Ridge Parkway. We will cross the Parkway and take the Mountains-to-the Sea Pisgah Ridge Trail and a connector trail south to the Graveyard Fields parking area and on to Second Falls. We will return on the Blue Ridge Parkway (which will be closed to traffic) and the Seniard Ridge Trail. There should be tremendous icicles on the granite walls along the Parkway and possibly snow on the ground. Also, there should be excellent mountain views from the Parkway and close up views of Looking Glass Rock from the Seniard Ridge Trail. There are also a couple of waterfalls on our return.

**M: 11, EG: 2900, R: VVS**

**Drive RT: 130 miles, \$10.00, L: 15**

**Leader: Sim Wright, 803.840.6274**



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## **SUNDAY, JAN 13**

### **(VS) HICKORY NUT GORGE – WEED PATCH MTN.**

**START TIME: 10:00 AM, RETURN TIME: 6:00 PM**

We will hike to Eagles Rock on the newly opened Weed Patch Trail near Lake Lure. It features a tunnel and very beautiful winter views of Lake Lure.

**Drive RT: 100 miles, \$8.00, L: 20**

**Leader: Troy Summerell, 864.303.7058**

## **SATURDAY, JAN 19**

### **(MS) PISGAH NATIONAL FOREST – CRADLE OF FORESTRY – CLUB GAP TO PINK BEDS**

**START TIME: 8:30 AM, RETURN TIME: 4:00 PM**

Beginning at the Pisgah Cradle of Forestry and Forest Discovery Center take the Club Gap Trail #343 which follows an old rocky road up to Club Gap gaining approximately 1000 feet in the first few miles. The Black Mountain #122 trail will be used to hike over Rich Mountain, and Barnett Branch #618 will bring us back down to the north side of the Pink Beds loop and the Pink Beds picnic area. Short shuttle required.

**M: 5.6, EG: 1100, R: MS**

**Drive RT: 100 miles, \$8.00, L: 15**

**Leader: Michelle Barger, 757.647.3617**

### **(VVS) ROUNDTOP MTN. AND ROCK MTN.**

**START TIME: 7:30 AM, RETURN TIME: 6:00 PM**

**NOTE: EARLY DEPARTURE AT 7:30 AM**

From Sassafras Mtn. we will take the Foothills Trail east to the newest section of the Palmetto Trail and follow it, with a side trip to the views on Roundtop Mtn. to the user trail up Rock Mtn. and on Rock Mtn. we will check out several more views. Our return will be on the FHT.

**M: 11, EG: 3000, R: VVS**

**Drive RT: 50 miles, \$4.00, L: 15**

**Leader: Terry Bolt, 864.225.0322**

### **(MS) EASTATOE TWIN COVE FALLS – TO THE TOP, THEN TO THE BOTTOM**

**START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

We will hike around 4 miles on a relatively new trail to the top of the falls. You will see railroad rails bent into pretzel shapes as a result of a flood. We will then go out the same way to the cars and go down Waterfall Rd. to another trailhead which will take us to the bottom of the falls to view one of the most photographed falls in the area. 1.5 miles on this trail.

**M: 5.5, EG: 500, R: MS**

**Drive RT: 60 miles, \$5.00, L: 15**

**Leader: Steve Root, 864.346.3081**

## **SUNDAY, JAN 20**

### **(M) CAESARS HEAD – ROCKCLIFF FALLS**

**START TIME: 12:00 PM, RETURN TIME: 4:30 PM**

This is a 4-mile round trip hike that will take us to three waterfalls in a less crowded section of Caesars Head State Park. The hike is moderate in difficulty and will take us to Cliff Falls, Firewater Falls, and Rockcliff Falls in that order. Optional side trip afterwards to the CHSP overlook.

**M: 4, EG: 400, R: M**

**Drive RT: 60 miles, \$5.00, L: 15**

**Leader: Mary Simms Gregory, cell: 864.313.6442, home: 864.288.3323**

**CPO: Martha Severens, severens@att.net**



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## **SATURDAY, JAN 26**

### **(VVS) SHINING ROCK – OLD BUTT KNOB**

**START TIME: 7:30 AM, RETURN TIME: 5:00 PM**

Note: Wilderness hike limited to 10. We will hike from the parking lot on US 276 up Old Butt Knob to the top of Shining Rock. After lunch, we return via the Shining Creek and Dog Loser Knob trails. Spectacular views along the way.

**M: 9, EG: 2600, R: VVS**

**Drive RT: 130 miles, \$12.00, L: 10**

**Leader: Paul MacGregor, 864.993.3907**

### **(MS) GORGES STATE PARK – ICE HIKE – RAINBOW FALLS & MORE**

**START TIME: 8:30 AM, RETURN TIME: 5:00PM**

Hopefully we will have a cold winter day to see the ice formations. We start at the Grassy Ridge trailhead in Gorges State Park and hike the wild and scenic Horsepasture river to Rainbow, Turtleback, Drift and potentially Stairway Falls with several nice cascades along the river.

**M: 5, EG: 1000, R: MS**

**Drive RT: 120 miles, \$10.00**

**Leader: Jerry Miller, 216.276.2278**

## **SUNDAY, JAN 27**

### **(S) TABLE ROCK STATE PARK – MILL CREEK FALLS TO THE ROCK**

**START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

Hike starts at Table Rock Pavilion and follows the Palmetto Trail to Lower Mill Creek Falls. After exploring the falls, we will continue hiking west on the Palmetto Trail to “The Rock at Jocassee.”

Beautiful views year around. Involves short shuttle. Parking pass or fee required.

**M: 6, EG: 1450, R: S**

**Drive RT: 60, \$5.00, L: 25**

**Leader: Joe Hayden, 864.201.1521**

### **(M) DUPONT STATE FOREST: THOMAS CEMETERY/WINTERGREEN FALLS**

**START TIME: 12:00 PM, RETURN TIME: 4:00 PM**

Hike from Guion Farm parking lot. Start out on Hickory Mountain Rd. to White Pine Trail. Thomas Cemetery Rd. to the old Thomas Cemetery. Back to Tarklin Branch Rd. to Wintergreen Falls Trail and back to the parking lot on Sandy Trail.

**M: 5.5, EG: 200, R: M**

**Drive RT: 80, \$5.00, L: 25**

**Leader: Bob Griffin, 864.313.0422**

## **SATURDAY, FEB 2**

### **(VVS) PALMETTO TRAIL – PETROGLYPHS – FOOTHILLS TRAIL LOOP**

**START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

From Table Rock parking lot we walk to the Pavilion, take the Palmetto Trail to the Long Ridge connector trail, connect to the Foothills Trail, and back to the parking lot.

**M: 14, EG: 3500, R: VVS**

**Drive RT: 50 miles, \$4.00, L: 15**

**Leader: Lance Renault, 864.325.4639**





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**(MS) COON CREEK TO CORBIN CREEK FALLS**

**START TIME: 10 AM, RETURN TIME: 5:30 PM**

Creek follows the Bad Creek access trail, crossing the Whitewater River and continuing on the Coon Creek Trail then to Foothills Trail, then up to Coon Creek Falls. Out-and-back hike.

**M: 7 miles, EG: 800, R: MS**

**Drive RT: 100 miles, \$8.00, L: 18**

**Leader: Sandy Hunter, 843.384.7617**

**SUNDAY, FEB 3**

**(MS) ISSAQUEENA/CLEMSON EXPERIMENTAL FOREST**

**START TIME: 12:00 PM, RETURN TIME: 5:00 PM**

We will hike the Six Mile Creek Trail in the Clemson Experimental Forest. This Trail is about 3.6 miles and includes four stream crossings. Be prepared for wet feet or take provisions to stay dry. We'll see a couple of nice waterfalls along the hike. We will then drive over to the Falls Shelter and do the West Lake Trail for some views of Lake Issaqueena and the dam.

**M: 5.3 miles, EG: 1100, R: MS**

**Drive RT: 100 miles, \$8.00, L: 15**

**Leader: Bob Arnold, 864.723.4363**

**SATURDAY, FEB 9**

**(VVS) PISGAH NATIONAL FOREST – CEDAR ROCK AND JOHN'S ROCK**

**START TIME: 8:30 AM, RETURN TIME: 4:00 PM**

Hike starts at Pisgah Fish Hatchery parking lot, and heads to Butter Gap via Cat Gap Loop Trail and Butter Gap Trail. At Butter Gap, we pick up the Art Loeb Trail and head towards Cedar Rock. A side trail takes us to the top of Cedar Rock for great winter views. Then, we take the Art Loeb to Cat Gap and Cat Gap bypass on the way to John's Rock for more great views. Then we descend to return to the Hatchery parking lot.

**M: 10 miles, EG: 2600, R: VVS**

**Drive RT: 110 Miles, \$9.00, L: 15**

**Leader: Charles Dial, 704.654.7041**

**(S) PALMETTO TRAIL IN-AND-OUT**

**START TIME: 8:30 AM, RETURN TIME: 4:00 PM**

This hike will start on US 178 and head westbound to a cozy lunch spot. We will return by the same route. We will climb and descend the length of Horse Mountain twice. This is a very nice winter hike with enjoyable, rocky areas, deep valley scenes and occasional, distant mountain views. The grades are fairly constant; some trail segments are alongside slopes with narrow trails. THIS HIKE WILL BE CONDUCTED IN A MODERATE, CASUAL AND RELAXED MODE (MCRM). LEADER'S PACE ONLY.

**M: 7 miles, EG: 1400, R: S**

**Drive RT: 60 Miles, \$8.00, L: 15**

**Leader: Ron and Sharon Blake, 864.676.9177**



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## **SUNDAY, FEB 10**

### **(VS) PALMETTO TRAIL, BLUE WALL PASSAGE TO VAUGHN'S GAP**

**START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

This area, near Lake Lanier, Tryon, NC, is protected by the Nature Conservancy. A section of the Palmetto Trail crosses the property. We will see two ponds and a small waterfall, followed by sweeping winter views from Vaughn's Gap at the top. Hikers may opt out of the last steep climb to Vaughn's Gap, knocking off approximately 0.4 miles and 350' feet elevation gain.

**M: 7.5, EG: 1800, R: VS**

**Drive RT: 60 miles, \$5.00, L: 15**

**Leader: Paula Ziegler, 864.921.0665**

### **(M) EXPLORE STUMPHOUSE TUNNEL AREA**

**START TIME: 12:00 PM, RETURN TIME: 6:00 PM**

We will hike the newly opened Stumphouse Passage section of the Palmetto Trail. Then from the top of Issaqueena Falls, we will hike the Rail Trail to the Middle Tunnel. We will return by the same route to view Issaqueena Falls and then we will enter Stumphouse Tunnel and hike to the inter-gate using flashlights. The old train tunnel is 25 feet high, 17 feet wide, and although it was not completed it extends 1,617 feet into the mountain. We'll also venture in to the new bike trail area.

**M: 6, EG: 1000, R: M**

**Drive RT: 108 miles, \$9.00, L: 25**

**Leader: Lisa Britt, 843.509.9605**

**CPO: Martha Severens, severens@att.net**

## **SATURDAY, FEB 16**

### **(MS) BACKSIDE OF DUPONT STATE FOREST**

**START TIME: 10:00 AM, RETURN TIME: 5:00 PM**

This is a 3-loop hike off Pinnacle Mtn. Rd. Hike leader will meet all at Fawn Lake access at 11:00. We will carpool from there to a small parking area on Pinnacle Mtn. Rd. and hike down the Turkey Knob Connector trail to hike Briery Fork Trail, Grassy Meadow Trail, Joanna Rd., and Twin Oaks Trail. From there we will backtrack up Turkey Knob Connector to our cars. A quiet winter hike. A few wet creek crossings.

**M: 8, EG: 500, R: MS**

**Drive RT: 70 miles, \$6.00, L: 15**

**Leader: Bev Parlier, 828.883.9278**

**CPO: Martha Severens, severens@att.net**

### **(VVS) PANTHERTOWN IN WINTER**

**START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

Please contact a hike leader before this hike. Early start at 8 am.

Explore Panthertown in wintertime! Lower Dismal Falls and Shelton Pisgah via West Fork Way in Panthertown. A rugged winter hike in the Panthertown forest along West Fork Way Trail, with stops at Aunt Sally's Falls, Lower Dismal Falls, and onto Shelton Pisgah for lunch and a spectacular view of Panthertown Valley. Expect off-trail and rugged sections.

Second meeting place: commuter lot on RT64 outside of Rosman at 9:00 AM.

**M: 11 EG: 3000 R: VVS**

**Drive RT: 140 miles, \$11:00, L: 14**

**Leader: Cathy Reas Foster, 864.202.5062, catreas@charter.net**

**Co-leader: Rick Garrison, rickg82155@aol.com**



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**(MS) FLORENCE NATURE PRESERVE**

**START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

We will hike a loop trail in the Florence Nature Preserve in upper Hickory Nut Gorge. The trail follows a cascading creek that affords some nice views along the way.

**M: 6, EG: 1000, R: MS**

**Drive RT: 85 miles, \$7.00, L: 18**

**Leader: Ed Marsh, 864.414.3486**

**SUNDAY, FEB 17**

**(M) MOONSHINE CAVE AND FALLS LOOP**

**START TIME: 12:00 PM, RETURN TIME: 5:00 PM**

All hikers will leave out of the Fire Station on US 276 and hike to the old Moonshine Cave and Falls, then visit Confusion Falls before heading back to our cars. **NO CABLE CROSSING ON THIS SECTION.**

**M: 6, EG: 400, R: M**

**Drive RT: 40 miles, \$3.00, L: 18**

**Leader: Lynn Coleman, 864.884.5697**

**SATURDAY, FEB 23**

**(VVS) TABLE ROCK STATE PARK VIA PINNACLE TRAIL**

**START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

Beginning at the Nature Center follow trail to Bald Rock. Steep climb to summit Pinnacle Mtn., then follow Ridge Trail to Table Rock Trail intersection. Follow TR trail to Governor's Rocks then on to Table Rock for lunch. Great views. Park pass or fee required.

**M: 10, EG: 3200, R: VVS**

**Drive RT: 50 miles, \$4.00, L: 20**

**Leader: Dolores Flores, 864.243.1561**

**(VS) PINNACLE PASS TO CATARACT BOG (FEN) WITH RARE PLANTS**

**START TIME: 8:30 AM, RETURN TIME: 5:00 PM**

At Jones Gap State Park, up Pinnacle Pass trail (very steep for about 1.5 miles) to amazing overlook of the park valley for snack stop; then on to the bog/fen at Little Pinnacle Mountain (large granite gneiss outcropping) for lunch and southwesterly views. Back on Pinnacle Pass crossing over to Rim of the Gap trail for more mild descent back to Jones Gap trailhead. Park pass or fee required; parking is limited so please carpool.

**M: 10, EG: 1800, R: VS**

**Drive RT: 50 miles, \$4.00, L: 20**

**Leader: Craig Horn, 864.918.4554**

**SUNDAY, FEB 24**

**(M) BEARWALLOW GAP, TROMBATORE TRAIL**

**START TIME: 10:00 AM, RETURN TIME: 5:00 PM**

Out and back hike through Hickory Nut Gorge on the Trombatore Trail. From Bearwallow Gap, we will hike through the shady forest to an open pasture with views of Little Bearwallow and Great Craggy Mountains in the background.

**M: 6, EG: 1200, R: M**

**Drive RT: 95 miles, \$8.00, L: 15**

**Leader: Paula Ziegler, 864.921.0665**



12/18/2019

## **SATURDAY, MAR 2**

### **(VVSS) WEED PATCH TRAIL TO EAGLE ROCK & OVER RUMBLING BALD**

**START TIME: 7:30 AM, RETURN TIME: 6:00 PM**

**NOTE: EARLY DEPARTURE AT 7:30 A.M.**

Form carpools at University Square Shopping Center and meet leader in the Cracker Barrel parking lot at the Upward Road Exit (EXIT 53) on I-26 at 8:00 AM.

Starting in Buffalo Creek Park outside of Lake Lure, NC, we will hike half of the Buffalo Creek Loop Trail and the Weed Patch Trail to Gray Rock with outstanding views of Rumbling Bald and Eagle Rock. We will continue on the Weed Patch Trail to Eagle Rock with a short side trip to the tunnel which marks the entrance to an area used by climbers. Eagle Rock consists of three groupings of boulders each with its unique amazing view and each with varying degrees of difficulty and danger to ascend. After lunch on Eagle Rock we will use a series of old roads/user trails to go over and down Rumbling Bald with a short side trip to Party Rock for an expansive view of Lake Lure. This hike will involve a 30-minute shuttle.

**M: 15.5, EG: 4006, R: VVSS**

**Drive RT: 150 miles, \$12.00, L: 12**

**Leader: Sim Wright, 803.840.6274**

### **(VVS) AVERY BASIN LOOP: PRESSLEY COVE – BLACK MTN – CLUB GAP – BUCKHORN GAP – BENNETT GAP LOOP PISGAH**

**START TIME: 8:00 AM, RETURN TIME: 4:00 PM**

A strenuous hike with lots of challenging elevation changes around Avery Creek Basin. There will be a few great views.

**M: 11.2, EG: 3454, R: VVS**

**Drive RT: 110 miles, \$9.00, L: 15**

**Leader: Lance Renault, 864.325.4639**

### **(VS) TABLE ROCK SUMMIT**

**START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

Come and conquer Table Rock! A steep climb of about 2,000 feet on the regular trail to the overlook for lunch. Splendid views of Caesars Head and the reservoir. If time permits, we will visit the petroglyphs on top. Form carpools at the regular place, and meet hike leader at 10:30 at the Table Rock main parking lot. Park pass or fee required.

**M: 7, EG: 2300, R: VS**

**Drive RT: 50 miles, \$4.00, L: 15**

**Leader: Bev Parlier, 828.883.9278**

**CPO: TBD**

## **SUNDAY, MAR 3**

### **(MS) ROCKY BOTTOM – EASTATOE GORGE: THE NARROWS**

**START TIME: 12:00 PM, RETURN TIME: 6:00 PM,**

Beautiful in and out hike from Horsepasture Rd. down into the Eastatoe Gorge to Eastatoe Creek. The highlight is the overlook at "The Narrows," where the creek travels through a narrow rock crevice.

**M: 6, EG: 1200, R: MS**

**Drive RT: 80 miles, \$6.00, L: 15**

**Leader: Elizabeth Brown, 954.294.8838**



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## **SATURDAY, MAR 9**

### **(VS) GORGES STATE PARK – RAINBOW TO WINDY FALLS AND A FEW MORE**

**START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

See five stunning falls in Gorges State Park. Start at Rainbow Falls trailhead and hike along the scenic Horsepasture River to Rainbow Falls, continuing on to Turtleback and Drift falls. Return towards trailhead, and take unmarked trails down to top of Windy Falls.

**M: 8, EG: 2000, R: VS**

**Drive RT: 120 miles, \$10.00, L: 20**

**Leader: Jerry Miller, 216.276.2278**

### **(MS) TABLE ROCK STATE PARK – THE STOOL**

**START TIME: 8:30 AM, RETURN TIME: 3:00 PM**

Starting from the White Oak Picnic Shelter, we will hike up to the top of the stool. This once popular hike is no longer shown on hiking maps and requires special permission. Good views of Table Rock from a different vantage point at a good time of year since the leaves will be down. (This area was burned in the fall 2016.) State Park admission or parking pass required.

**M: 4.4, EG: 1225, R: MS**

**Drive RT: 50 miles, \$4.00, L: 20**

**Hike Leader: Steve Root, 864.346.3081**

**Asst. Leader: Martha Root, 864.414.2245**

## **SUNDAY, MAR (DAYLIGHT SAVING TIME STARTS)**

### **(MS) DANIEL RIDGE FALLS**

**START TIME: 10:00 AM, RETURN TIME: 5:00 PM**

Daniel Ridge Trail is a peaceful riverside loop trail (loop only 4.1 miles) in the Davidson River area passing several cascades, through a hardwood forest, an old fishery, and a meadow. We will be adding a little extra distance making it a lollipop at around 6.0 miles. There will be areas of moderate elevation and roots. We will hike this at a moderate pace stopping for lunch along the way.

**M: 6, EG: 1000, R: MS**

**Drive RT: 122 miles, \$10.00, L: 18**

**Leader: Sandy Hunter, 843.384.7617**

## **SATURDAY, MAR 16**

### **(VVS) HIKE THE ENTIRE WEED PATCH MOUNTAIN TRAIL**

**START TIME: 7:00 AM, RETURN TIME: 5:00 PM**

SHUTTLE HIKE. Hike Leader will meet everyone at Buffalo Creek Park. Starting at Buffalo Creek Park in Lake Lure, we'll take part of the BCP Loop Trail up to the new Weed Patch Mountain Trail. This award-winning trail passes by several scenic overlooks and ends at the beautiful Eagle Rock area. We will then take a short hike down to catch the shuttle cars parked at the Eagle Rock parking lot.

**M: 10, EG: 1500, R: M**

**Drive RT: 130 miles, \$10.00, L: 15**

**Leader: Sheley Revis, 704.517.0703**

**CPO: TBD**



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**(S) CAESARS HEAD/JONES GAP – CAESAR’S HEAD – THE DISMAL**

**START TIME: 8:30 AM, RETURN TIME: 4:30 PM**

Hike down into the Dismal from the ranger station to Matthew’s Creek. Cross the creek on cable crossing. Follow the trail uphill to the Raven Cliff Falls bridge for lunch. We then join the Raven Cliff Falls Trail back to the parking lot. Short shuttle.

**M: 8, EG: 1800, R: S**

**Drive RT: 50 miles, \$4.00, L: 15**

**Leader: Dale Hamann, 864.386.3855**

**(M) DUPONT STATE FOREST– SHEEP MTN. TO HIGH FALLS**

**START TIME: 10:00 AM, RETURN TIME: 3:30 PM**

We will hike Longside and Pine Tree trails, cross Staton Rd. and pick up Cascade Trail to Sheep Mountain Loop and onto High Falls. Short shuttle required between Corn Mills Shoals and High Falls Access areas. Hike will be at a MODERATE PACE. Solo hikers can meet at Corn Mill Shoals access at 10:45 AM.

**M: 5.5, EG: 300, R: M**

**Drive RT: 75 miles, \$6.00, L: 25**

**Leader: Cindy Wells, 864.430.7471**

**SUNDAY, MAR 17**

**(MS) CROWDER MTN – TURNBACK TRAIL TO PINNACLE AND BACK PINNACLE**

**START TIME: 12:00 PM, RETURN TIME: 6:00 PM**

**MEETUP LOCATION: EARTH FARE ON PELHAM ROAD**

The hike will be 5 miles and is rated strenuous for 2 of those 5 miles. The rest of the mileage is moderate, so there is variety in difficulty and type of trail, including roots and rocks, leaf-covered, packed dirt, and some gravel. Trails to be hiked are Fern Trail, Turnback Trail, and Pinnacle Trail for a total distance of around 5 miles. The calling cards for this hike are the view at the top (at 1625 feet elevation), the exercise one gets along the way, and the rock formations. Meet hike leader at the Sparrow Springs Parking lot at 1:00 PM.

**M: 5, EG: 950, R: MS**

**Drive RT: 120 miles, \$10.00, L: 20**

**Leader: Candi Samples, 803.493.0564**

**CPO: Martha Severens, severens@att.net**

**SATURDAY, MAR 23**

**(VVSS) BLACK MOUNTAIN & AVERY CREEK LOOP**

**START TIME: 7:30 AM, RETURN TIME: 5:00 PM**

An easy start on the Black Mountain Trail #127 gives way to 4 miles of relentless climbing up over Hickory Knob gaining 800 feet in less than a mile, and dropping down into Pressley Gap before continuing to gain elevation climbing up and over Black Mountain (great view of Looking Glass) and Clawhammer Mtn. enroute to Buckhorn Gap and its trail shelter. Using the Buckhorn Gap trail #103 the hike continues to spectacular Twin Falls, and user trails give hikers an opportunity to get close to and even behind the cascading water. Continuing on the Buckhorn Gap Trail to Avery Creek Trail we will take a short spur trip up Avery Creek Trail to another beautiful waterfall accessed by a steep user trail. Following Avery Creek Trail to its end and viewing yet another great waterfall on the way, we will follow Avery Creek Rd. to access the Pressley Cove Trail where one final challenging climb of 1200 feet will take us back up to Pressley Gap and over Hickory Knob followed by a steady descent on the Black Mountain Trail to the trailhead.

**M: 15, EG: 4400, R: VVSS**

**Drive RT: 100 miles, \$8.00, L: 15**

**Leader: Michelle Barger, 757.647.3617**



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**(VVS) PISGAH NATIONAL FOREST – COVE CREEK/DANIEL RIDGE**

**START TIME: 7:30 AM, RETURN TIME: 5:00 PM**

We will combine two hikes, starting first with the Caney Bottom/Cove Creek Loop. Then we take a connector trail to the Daniel Ridge Loop, stopping for lunch at the waterfall on the Daniel Ridge Trail. Pretty hike with comfortable trails. One-hour drive from University Square.

**M: 10.4, EG: 1900, R: VVS**

**Drive RT: 140 miles, \$11.00, L: 15**

**Leader: Lance Renault, 864.325.4639**

**SUNDAY, MAR 24**

**(S) CAMP OLD INDIAN – OLD INDIAN MTN. LOOP**

**START TIME: 10:00 AM, RETURN TIME: 5:00 PM**

We will hike the trails of Camp Old Indian including a visit to the historic Poinsett Bridge and onward to the peak of Old Indian Mountain for a scenic view. After our break, we will descend to visit the camp waterfall and the East Perimeter trail loop. Club has special permission for this hike.

**M: 7, EG: 1750, R: S**

**Drive RT: 40 miles, \$3.00, L: 25**

**Leader: Joe Hayden, 864.201.1521**

**(M) CONNEMARA – BIG GLASSY, FLAT ROCK, NC**

**START TIME: 12:00 PM, RETURN TIME: 5:30 PM**

Carl Sandburg Home National Historic Site. We will climb Big Glassy Mtn. and the Memminger Trail including Little Glassy Mtn. and walk around the lake. In addition to our traditional hike at Connemara, Linda will take us on another leg to add more length and interest to this event. We will take the time for everyone to visit the goat barn. If we're lucky there may be some newborn goats. Some may wish to tour the home which is an additional charge. This hike will be at a moderate pace.

**M: 5, EG: 700, R: M**

**Drive RT: 60 miles, \$5.00, L: 20**

**Co-Leaders: Linda Velez, 828.329.1965 and Nancy Englisbe, 864.360.2864**

**SATURDAY, MAR 30**

**51<sup>st</sup> ANNUAL GENERAL MEETING**

**ROCKY BOTTOM RETREAT & CONFERENCE CENTER, 123 Hancock Road, Sunset, SC 29685**

**Hikers are to be off the trails and to the meeting location by 1:15PM.**

Everyone is welcome to attend this event ... whether you plan to hike or not. Our club tradition is to start this special day with a morning of hiking followed by a hot meal, a short business meeting, and a speaker. If you plan to hike, please sign up for one of the published morning hikes. After your hike is over, your group will carpool to the AGM site for lunch and the business meeting. Both hikes will form carpools at University Square. If we have inclement weather and hikes are cancelled, please carpool up from University Square for lunch and the meeting. The inclement weather and non-hiker departure time is 11:00 AM from University Square. Inclement Weather CPO is Lynn Coleman. Social hour at 12:30, lunch to be served at 1:30, business meeting at 2:00, program at 2:30 by "Save Hemlocks NC." Our hot meal will be crockpot delight, salad, and desserts. We need 10 volunteers to provide crockpot meals – soups, chili and chowders, about 20 members to bring deserts, and several members to bring cornbread. Club will provide the big salad and beverages. Volunteer opportunities will be posted on Meetup.

**Please sign up on Meetup or RSVP acceptances to Martha Severens: severens@att.net.**

**Program Leader: Joe Hayden, 864.201.1521**

**Speaker Host: Bev Parlier**

**Food & Beverage Coordinator: Cindy Wells, 864.430.7471**



12/18/2019

**(M) SASSAFRAS MTN – PALMETTO TRAIL TO ROUNDTOP PASSAGE**

**START TIME: 9:30 AM, FINISH TIME AT SASSAFRAS TRAILHEAD: 1:00 PM**

Join us to hike a section of the newest part of the Palmetto Trail. We'll start at Sassafras Mtn., hike down the Foothills Trail where we will stop for a snack break at the Cantrell homesite. Next, we'll get on the newly opened Roundtop Passage of the Palmetto Trail and do an in-and-out hike for some great views. Once back to the parking lot, we'll have an opportunity to check out the progress on the new observation tower on top of Sassafras Mtn. where we'll see 360° views. Easy trek for beginners. We'll go directly to AGM afterwards. Alternate meetup location at Holly Springs at 10:00.

**M: 4, EG: 700, R: M**

**Drive RT: 85 miles, \$7.00, L: 18**

**Leader: Elizabeth Brown, 954.294.8838**

**SUNDAY, MAR 31**

**(M) CHESTNUT RIDGE HERITAGE PRESERVE**

**START TIME: 1:30 PM, RETURN TIME: 6:30 PM**

From the parking area on Old Grove Rd., we will start our hike on the logging road to the west of the parking lot. About 3/4 mile in, we will join up with the Chestnut Ridge Heritage Preserve hiking trail, which leads us over Squirrel Mtn. and then descends to the South Pacolet River. The trail passes through various forest habitats, abundant with wildflowers, and large boulders/rock outcrops add to the views. On the return trip, we will follow the CRHP trail along Green Creek to get back to the parking lot. Please note: there are about 60 steps placed in the steepest sections to make trail navigation safer, so we will be going down and then back up these steps.

**M: 6, EG: 900, R: M**

**Drive RT: 50 miles, \$4.00, L: 20**

**Leader: Candi Samples, 803.493.0564**

**SATURDAY, APR 6**

**TRAIL MAINTENANCE DAY (NO HIKES PLANNED)**

**CAMP GREENVILLE & FOOTHILLS TRAIL**

**START TIME: 8:00 AM, RETURN TIME: 4:00 PM**

It's our day to give back and support the trails we enjoy hiking on weekly. On this day, GNHA will be assisting Camp Greenville and the Foothills Trail Conservancy with maintenance on their trails. We will meet at University Square and form carpools. We will take about 6-8 hikers to Camp Greenville and the remainder will go work with the Foothills Trail Conservancy. Please bring sturdy footwear, work gloves, and lunch. Tools will be provided by the Foothills Trail Conservancy but if you have a favorite shovel, rake or other trail maintenance tool please feel free to bring it along.

**Camp Greenville Leader: Paul MacGregor, 864.993.3907**

**FTC Leader: Cathy Reas Foster, 864.260.0074, Tom Strunk, 864.906.2366**





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## **SUNDAY, APR 7**

### **(VVS) HOT SPRINGS, NC, HIKE ALONG THE APPALACHIAN TRAIL TO RICH MOUNTAIN FIRE TOWER**

**START TIME: 8:00 AM, RETURN TIME: 6:00 PM**

Beginning at the NOC parking lot alongside the French Broad River in Hot Springs, we'll hit the AT (Appalachian Trail) for a 12.8-mile loop hike. First, we'll make our way to the Lover's Leap Overlook with a great view of Hot Springs, NC. We will then head into the woods for several miles of hiking until we reach Rich Mountain Fire Tower, a 30' tall tower. In years past, it has been defaced by graffiti and fallen into disrepair. Eventually it was closed to the public. Thankfully, a restoration effort was begun in 2018 and has recently been completed! The Fire Tower offers magnificent views to points as far away as TN! We'll have lunch at the Fire Tower then make our way downhill and back to our cars. Hike leader will meet the group in Hot Springs.

**M: 12.8, EG: 3584, R: VVS**

**Drive RT: 182 miles, \$15.00, L: 15**

**Leader: Sheley Revis, 704.517.0703**

**CPO: TBD**

### **(MS) WHITESIDE MOUNTAIN**

**START TIME: 10:00 AM, RETURN TIME: 6:00 PM**

One of our prettiest hikes. A moderate walk up the mountain with a side trip to Devil's Courthouse where we will probably eat lunch. Splendid views make this a really worthwhile trip, although the trail is rugged in spots. Spring wildflowers!

**M: 5, EG: 800, R: MS**

**Drive RT: 130 miles, \$10.00, L: 15**

**Leader: Ann Leo-Flynn, 864.630.5931**

### **(MS) NINE TIMES PRESERVE**

**START TIME: 1:30 PM, RETURN TIME: 6:30 PM**

This trail was built by the Nature Conservancy and is well maintained. The view from Cedar Rock will be a great lunch/snack spot. According to one interpretation, Nine Times is named because nine bridges were needed to cross the creek and gain access to the property. The 560-acre nature preserve is one of the most biologically significant properties in the Southeast. Located where the Southern Blue Ridge Mountains meet the Piedmont.

**M: 4, EG: 700, R: MS**

**Drive RT: 60 miles, \$5.00, L: 20**

**Leader: Nancy Englisbe, 864.360.2864**

**Co-Leader: Emily Gilstrap, 864.884.9835**

## **SATURDAY, APR 13**

### **(S) PISGAH NATIONAL FOREST – BIG EAST FORK OF THE PIGEON RIVER – SHINING ROCK WILDERNESS**

**START TIME: 8:30 AM, RETURN TIME: 5:00 PM**

This is an in-and-out hike on the Big East Fork Trail, in Pisgah National Forest. The trailhead is on US 276 about 2 miles west of the Blue Ridge Parkway. It is a Wilderness area, SO THE GROUP SIZE IS LIMITED TO 10. The trail follows the east bank of the river, with its many falls, drops, cascades and narrows. There are several creek crossings, a few minor scrambles and guaranteed beautiful views all the way. We will hike to the trail junction with Bridges Camp Gap and Greasy Cove, and will have lunch at the junction or nearby on our return leg. Optional dinner stop on the way home. Carpools will be arranged accordingly. PLEASE NOTE: HIKE LEADERS' MODERATE PACE.

**M: 8, EG: 1100, R: S**

**Drive RT: 140 miles, \$11.00 L: 10**

**Leader: Ron & Sharon Blake, 864.676.9177**



12/18/2019

**(VVS) HIGHLANDS, NC – BARTRAM TRAIL RABUN BALD AND SCALY MOUNTAINS**

**START TIME: 7:30 AM, RETURN TIME: 5:00 PM**

Explore the Bartram Trail near Highlands, NC, to see magnificent panoramas and walk through beautiful mountain forests. We will start at the Beegum Gap trailhead and hike to the top of Rabun Bald (2nd highest peak in GA) and continue on the Bartram Trail to Osage Overlook and up to the top of Scaly Mtn. Shuttle required.

**M: 13, EG: 3000, R: VVS**

**Drive RT: 150 miles, \$12.00, L: 15**

**Leader: Cathy Reas Foster, 864.260.0074**

**(E) FORAGING AND TINCTURE MAKING**

**START TIME: 9:00 AM, RETURN TIME: 3:00 PM**

Alex Garcia from Earthskills, the Upstate's own wilderness self-reliance school, will offer an informative plant identification walk to discover, sample, and study some of the seasonal roots, leaves, and flowers that nature provides as food and medicine. Students will explore fields, forests, and transitional zones to find and discuss the nutritional value of plants, mindful harvesting practices, and how to prepare plants for food and medicine.

Location to be determined in Mauldin or Pelzer, SC area.

**Limit of 12 people, \$55 per person.**

**M: 5, EG: 300, R: E**

**Drive RT: We will gather at the trailhead TBD, Limit: 12**

**Leader: Elizabeth Brown, 954.294.8838**

**SUNDAY, APR 14**

**(M) GORGES STATE PARK – RAINBOW FALLS AND TURTLEBACK FALLS**

**START TIME: 12:00 PM, RETURN TIME: 5:00 PM**

Rainbow Falls and Turtleback Falls Trail is a 4.1 mile out and back trail located near Lake Toxaway, NC, in Gorges State Park. Start the trail by descending on a moderate grade downhill. After about 1/2 mile you can hear the rushing water of Turtleback Falls, before proceeding to this waterfall, go right, down a rhododendron enshrouded side trail. This side trail is a 1/4 mile and dead ends at a US Forest Service blockade. This is private property, but the 40 foot Bust-yo-butt Falls can be viewed from this point. Backtrack and continue on to Turtleback Falls and the thundering Rainbow Falls. Meet at University Square shopping center for car poolers at noon, or at the Park visitor center.

**M: 4.1 miles, EG: 895, R: M**

**RT: 120 Miles, \$10.00, L: 20**

**Leader: Phil Howard, 317-402-8590**

**CPO: Martha Severens, severens@att.net**



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## **SATURDAY, APR 20**

### **(VS) PINK BEDS TO BUCKHORN GAP LOOP**

**START TIME: 7:30 AM, RETURN TIME: 5:00 PM**

Beginning at the Pink Beds picnic area, hike the Pink Beds Loop #118 in a clockwise direction taking a spur trail, #118A to the Wolf Ford gauging station on the South Fork of the Mills River near FS 476, Wolf Ford Rd. Take South Mills River Trail #133 with several probable wet crossings gaining over 1200 feet of climbing up to Buckhorn Gap Trail and reaching the Buckhorn Gap Shelter on the Black Mtn. Trail. Use Barnett Branch #618 to return to the south side of the Pink Beds Loop, following the South Fork of the Mills River, and return to the trailhead.

**M: 11, EG: 1800, R: VS**

**Drive RT: 100 miles, \$8.00, L: 15**

**Leader: Michelle Barger, 757.647.3617**

### **(VVS) THREE FORKS NEAR HIGHLANDS, NC**

**START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

We will hike to Three Forks, where three rivers meet with waterfalls and cascades to form the West Fork of the Chattooga River, with stops at Overflow Creek Falls and Big Creek Falls. This hike is on user trails and off-trail. Be prepared to wade across a river.

**M: 12, EG: 2800, R: VVS**

**Drive RT: 140 miles, \$11.00, L: 15**

**Leader: Cathy Reas Foster, 864.202.5062**

**Co-Leader: Jerry Ellsworth, 864.266.9940**

## **SUNDAY, APR 21 EASTER SUNDAY**

### **(VVS) SASSAFRAS UP AND DOWN**

**START TIME: 9:00 AM, RETURN TIME: 5:00 PM**

Starting on US 178 just past Rocky Bottom, we will hike the Foothills Trail up Sassafras Mtn. (highest peak in SC) and have lunch at the viewing platform. Return the same way.

**M: 10, EG: 2400, R: VVS**

**Drive RT: 65 miles, \$5.00, L: 20**

**Leader: Laura Arnold, 864.238.2005**

## **FRIDAY-SUNDAY, APR 26-28**

### **(VVS) JOYCE KILMER CAMPOUT & HIKES**

We will leave Friday evening for a camping trip to Joyce Kilmer National Forest. We will camp at Rattler Ford Campground, which has water, fire pits and grills, bathrooms, and moderately warm showers. Each person responsible for own food, equipment, etc. Share Happy Hour goodies! Campers will need to bring lanterns, grill tops, charcoal, stoves, firewood. Come when you can Friday or Saturday. Two hikes planned: one 12-mile with lots of elevation (VVS) on Saturday. Hike is long and hard and will begin at 9 AM. Leader strongly suggests that ridge hikers order a map as trails are confusing and not marked. Plenty of other things for those not doing the ridge hike. Spectacular flowers. The second hike, on Sunday, is a 2-mile easy loop. Leave for home after lunch Sunday, 2.5 to 3-hour drive. \$10.00 per person payable to Ann Flynn.

**M: 12, EG: 2000, R: VVS**

**Drive RT: 300 miles, \$24.00, L: 25**

**Leader: Ann Leo-Flynn, 864.630.5931**



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## **SATURDAY, APR 27**

### **(VS) GREAT SMOKY MOUNTAINS NATIONAL PARK – RAMSEY CASCADE TRAIL**

**START TIME: 7:30 AM, RETURN TIME: 7:00 PM**

We follow a cascading mountain stream in the northern Great Smoky Mountains National Park to these spectacular falls. A 2000-foot climb makes this a strenuous hike, but well worth the effort. Afterwards we will stop for supper on the way home.

**M: 8, EG: 2000, R: VS**

**Drive RT: 230 miles, \$18.00, L: 20**

**Leader: Jerry Miller, 216.276.2278**

### **(S) TWIN COVE FALLS, EASTATOE – AND BEYOND**

**START TIME: 8:30 AM, RETURN TIME: 4:00 PM**

This hike follows an old logging railroad bed in the Eastatoe Valley in north Pickens County. It crosses the river several times, includes wet crossings, and shows us numerous waterfalls (including the much photographed Twin Cove Falls) under a canopy. This hike continues past the top of the falls towards Camp McCall on Hwy 178, out-and-back.

**M: 10, EG: 1200, R: S**

**Drive RT: 60 miles, \$5.00, L: 20**

**Leader: Steve Root, 864.346.3081**

## **SUNDAY, APR 28**

### **(S) LINVILLE GORGE – TABLE ROCK, NC**

**START TIME: 10:00 AM, RETURN TIME: 7:00 PM**

This will be a hike to enjoy taking photos and the views in the Linville Gorge area near Marion, NC. We will climb up to the summit of Table Rock, NC, to see views of Lake James, visit Devil's Kitchen and Little Table Rock. We will also visit the Chimneys where there may be some rock climbers. As an added bonus before leaving we will climb up to the summit of Hawksbill, taking in a view of the gorge. This is one of the most beautiful areas one can hike. Be prepared for this to be an all-day adventure. On the way home, we will have the option to eat BBQ at Phil's BBQ.

**M: 7, EG: 800, R: S**

**RT: 250 miles, \$20.00, L: 18**

**Leader: Troy Summerell, 864.303.7058**

### **(M) COTTONWOOD TRAIL PRESERVE (SPARTANBURG)**

**START TIME: 12:00 PM, RETURN TIME: 5:00 PM**

**MEETUP LOCATION: EARTH FARE ON PELHAM ROAD**

Enjoy a 115-acre urban preserve and trail system, located minutes from downtown Spartanburg. We'll start on the Cottonwood Trail (along Lawson's Fork Creek) and will, hopefully, have an opportunity to experience the Cottonwoods shedding! The hike leader will meet at the Beechwood Drive trailhead at 12:35 PM.

**M: 4, EG: 100, R: M**

**RT: 53 miles, \$4.00, L: 18**

**Leader: Laura Bailey, 843.860.7010**

**CPO: Martha Severens, severens@att.net**



12/18/2019

## **MAY HIKE – FIRST WEDNESDAY MAY 1**

### **(VVS) MOUNT LECONTE ANNUAL HIKE**

**START TIME: 7:30 AM, RETURN TIME: 7:00 PM**

This was an annual hike for 13 years for our Wednesday hikers. We drive to the Smokies on Wednesday, May 1, starting at University Square shopping center at 7:30 AM. We will climb Mt. LeConte (the third highest peak in the Smokies at 6593 feet) via the Alum Trail. Because the lodge is supplied by llamas on Wednesdays, we will be able to interact with them at their hitching posts. Lunch will be at Myrtle Point, “the best view in the Smokies.” There will be an early dinner afterwards in Waynesville, NC, and then we return to Greenville.

**M: 13, EG: 2750, R: VVS**

**Drive RT: 280 miles, \$22.00, L: 20**

**Leader: Jerry Miller, 216.276.2278**

## **SAVE THE DATE**

### **MAY 3-5, 2019 – HANGING ROCK + PILOT MTN CAMP AND HIKES**

Saturday Hike at Hanging Rock State Park: 16 miles, 3300 EG

Sunday Hike at Pilot Mountain State Park: 9 miles, 1800 EG

Hanging Rock State Park

1790 Hanging Rock Park Road

Danbury, NC 27016

Phone 336.593.8480

**<https://www.ncparks.gov/hanging-rock-state-park>**

Leader: Michelle Barger, 757.647.3617

### **MAY 17-19, 2019 – GLAMPING WEEKEND IN HOT SPRINGS**

**Maybe with a visit to Historic Rich Mountain Fire Lookout Tower**

Creek Ridge Camping LLC

660 Henderson Drive

Hot Springs, NC

828.622.9955

**[www.campinghotsprings.com](http://www.campinghotsprings.com)**

**Leader: Wendy Garland**