



4/10/2019

# GREENVILLE NATURAL HISTORY ASSOCIATION

## HIKE SCHEDULE – SUMMER 2019

**Refer to Meetup for Latest Information Prior to a Hike**

### **GNHA IS ONLINE AT:**

Meetup Site: [www.meetup.com/GNHA-Hiking-Club](http://www.meetup.com/GNHA-Hiking-Club)

Club Website: [www.greenvillehiking.com](http://www.greenvillehiking.com)

Facebook Page: [www.facebook.com/greenvillehiking](http://www.facebook.com/greenvillehiking)

### **CLUB HIKING GUIDELINES:**

- All hikers new to GNHA must contact their hike leaders before their first hike for clearance.
- All hikers must RSVP to hike. GNHA Meetup message app is the preferred method over phone or email to hike leaders.
- Each hiker is responsible for his or her own safety; please refer to the safety & liability policy. <https://www.greenvillehiking.com/safety-guidelines.html>
- Always wear suitable clothing, sturdy footwear (boots or hiking boots), bring plenty of water and a snack or lunch, bring rain gear when inclement weather is predicted; refer to hiker's guide. <https://www.greenvillehiking.com/lets-hike.html>
- Do not attempt any hike beyond your ability; if there is any question about the trail, rating of the hike or conditions, contact the leader.
- Arrive 15 minutes early to form carpools. Offer driver gas money as noted in the hike description ("Drive RT" cost is \$0.08 per mile). Hikes leave promptly at the published START TIME.
- Sign in before the hike with an emergency phone number.
- Notify leader of any special conditions you may have (e.g. injury, illness, etc.).
- Do not hike ahead of leader without specific permission.
- Consider wearing blaze orange clothing or hat during hunting season.
- Minors must be accompanied by their parent.
- Sorry, no pets on hikes.

**HIKERS WILL MEET AND FORM CARPOOLS AT UNIVERSITY SQUARE SHOPPING CENTER unless otherwise noted.** This is the Publix shopping center on the west side of Poinsett Highway, two miles north of Cherrydale Shopping Center and one mile south of Furman University. We form carpools next to McDonalds Restaurant. Many hike descriptions will instruct carpoolers to meet their hike leader at an alternate site or trail head. Return times are approximate.

**ANNUAL DUES ARE \$5.00 PAYABLE JANUARY 1.** Dues are not pro-rated; but, if you join after October 1<sup>st</sup>, your payment will cover the following year. *Payment on-line through the Club Website / PayPal is preferred.* **Please consider paying for more than one year to reduce transaction costs.**

If you choose to pay by mail, please make your check payable and mail it to:

**Greenville Natural History Association  
17 Hidden Hills Drive  
Greenville, S.C. 29605  
att: GNHA Treasurer**



**OFFICERS:**

**PRESIDENT:**

Jerry Ellsworth            [jerry.ellsworth@gmail.com](mailto:jerry.ellsworth@gmail.com)      864.266.9940

**VICE PRESIDENT:**

Elizabeth Brown            [elizabethkbrown2015@gmail.com](mailto:elizabethkbrown2015@gmail.com)      954.294.8838

**FORMER PRESIDENT & MEETUP ORGANIZER:**

Joe Hayden                [joehayden@allstate.com](mailto:joehayden@allstate.com)      864.201.1521

**TREASURER/MEMBERSHIP:**

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**SECRETARY:**

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**BOARD MEMBERS:**

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Dolores Flores            [Flores211@yahoo.com](mailto:Flores211@yahoo.com)      864.243.1561

**HIKE PLANNING:**

**WEEKEND HIKES (ALL WEEKEND HIKES ARE PUBLISHED ON MEETUP)**

Saturday & Hiking Ops Manager: Paul MacGregor      864.993.3907

Saturday Hikes – Long Program: Jerry Ellsworth      864.266.9940

Saturday Short & Sunday Hikes: Elizabeth Brown      954.294.8838

Sunday Long Hikes                Bev Parlier      828.883.9278

**WEDNESDAY HIKES (PUBLISHED ON MEETUP)**

Fast Pace, VVS Hikes:                Sim Wright      803.840.6274

Moderate Pace, S-VVS Hikes:        Jerry Miller      216.276.2276

Dale Hamann      864.386.3855

Slower Pace, MS-VS Hikes:            Elizabeth Brown      954.294.8838

Slower Pace, M-MS Hikes:            Lynn Coleman      864.884.5697

**Web Master:**                                Lisa Hall                                864.292.9118

**Meetup Organizer:**                        Joe Hayden                            864.201.1521

**GNHA Facebook Coordinator:**            Elizabeth Brown                        954.294.8838



## Hike Rating System

<https://www.greenvillehiking.com/hike-rating-system.html>

### HIKE ABBREVIATIONS:

**M:** miles, **EG:** elevation gain, **Rating:** below; **Drive RT:** round trip miles, cost; **L:** limit of hikers

Hike Rating System			Hike Rating:
Hike (miles)	Elevation Gain (feet)	Points	Add points for distance and elevation gain
1	200	1	<ul style="list-style-type: none"> <li>● <b>E</b> (Easy) = 0-4</li> <li>● <b>M</b> (Moderate) = 5-8</li> <li>● <b>MS</b> (Moderate/Strenuous)= 9-12</li> <li>● <b>S</b> (Strenuous)= 13-16</li> <li>● <b>VS</b> (Very Strenuous)= 17-20</li> <li>● <b>VVS</b> (Very Very Strenuous)= 21-30</li> <li>● <b>VVSS</b> (Very Very Super Strenuous)= 31+</li> </ul> <p><b>Example:</b></p> <p><b>M: 8</b> [Distance of hike: = 8 points]</p> <p><b>EG: 1000</b> [Elevation gain: = 5 points]</p> <p>TOTAL = <u>13 Points</u></p> <p><b>Rating = S</b> (Strenuous)</p>
2	400	2	
3	600	3	
4	800	4	
5	1000	5	
6	1200	6	
7	1400	7	
8	1600	8	
9	1800	9	
10	2000	10	
11	2200	11	
12	2400	12	

**All hikers must RVSP to hike. GNHA Meetup.com is the preferred method, over phone or email to hike leaders.**



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**GNHA SUMMER 2019 - HIKE LEADERS**

	<b>NAME</b>	<b>DATES</b>		<b>NAME</b>	<b>DATES</b>
1	Arnold, Bob	7/21, 8/18,	20	Howard, Phil	7/27, 8/4, 8/10, 9/1
2	Arnold, Laura	6/29,	21	Hunter, Sandy	6/15, 7/14,
3	Barger, Michelle	7/13, 8/3,	22	MacGregor, Paul	6/8, 8/24
4	Blake, Ron & Sharon	5/11, 7/6,	23	Miller, Jerry	Wednesday's
5	Britt, Lisa	6/2,	24	Nixon, Anne	6/1,
6	Brown, Elizabeth	5/5, 6/29, 7/21, 8/4, 8/11	25	Noll, Laureen	6/15,
7	Bruns, Trudy	6/30,	26	Parlier, Bev	5/26, 6/23, 7/7, 7/21
8	Coleman, Lynn	7/13, 8/17,	27	Pritchett, John	5/11,
9	Dial, Charles	5/18, 6/1, 6/29	28	Renault, Lance	6/8, 7/13, 8/10,
10	Ellsworth, Jerry	8/10,	29	Root, Steve	7/7, 8/31,
11	Englisbe, Nancy	6/9,	30	Samples, Candi	5/26, 6/23,
12	Flores, Dolores	8/3,	31	Sullivan, Mike "Sulli"	8/17,
13	Foster, Cathy	7/20,	32	Summerell, Troy	6/9, 8/18,
14	Garland, Wendy	May 17-19	33	Wells, Cindy	5/18,
15	Gilstrap, Emily	5/19,	34	Wright, Sim	5/4, 6/22
16	Gregory, Mary Simms	5/4,	35	Zimmer, Jeff & Martine	5/18, 6/1, 7/27,
17	Griffin, Bob	7/28,	36	Anderson, Ron	5/11,
18	Hamann, Dale	6/15, 7/20	37	Gibbs, Ursula	6/9,
19	Hayden, Joe	5/12, 8/18, 8/25	38	Severens, Martha	5/4, 5/11, 5/26, 6/2, 6/23, 7/7,



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*Saturday, May 04*

**(VVS) HEADWATERS SHUTTLE HIKE**

**START TIME: 8:00 AM, RETURN TIME: 6:00 PM**

Form carpools at University Square Shopping Center and meet leader in the parking area to the left of the East Fork Gate to Connestee Falls subdivision located at 400 E. Fork Rd, Brevard, NC at 9:00 AM.

Starting on Gladys Ford Road we will hike to Gravelly Falls. Our route will continue through Headwaters State Forest to the Foothills Trail Extension, which we will follow to the East Fork Overlook on Dolves Mtn. with views of the French Broad River Valley and the Pisgah Ridge in the distance. Continuing on the Foothills Trail Extension there will be a slight detour over Bursted Rock with similar views to the previous overlook and a different view to the south of Table Rock. Approximately a half mile later our path will once again take us through Headwaters State Forest and to Reece's Place Falls on the headwaters of the East Fork of the French Broad River. From there it will only be a short distance to the end of the hike. This hike will involve old roads, user trails, a bushwack, and the Foothills Trail Extension. There will be many small stream crossings, which can usually be rock hopped, but we may need to get our feet wet.

**M: 12, EG: 2450, R: VVS**

**Drive RT: 88 miles, \$7.00, L: 15**

**Leader: Sim Wright, 803.840.6274**

**(M) WILDFLOWER LOVERS SPRING HIKE TO HOLMES STATE FOREST**

**1299 Crab Creek Rd, Hendersonville, NC 28739**

**START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

This will be a moderately paced hike for flowers lovers only to identify and discuss what we see. This is a wonderful wildflower hike and THE time of the year to see them. We'll stop halfway around the loop for our lunch break.

**M: 5, EG: 800, R: M**

**Drive RT: 80 miles, \$6.00, L: 15**

**Leader: Mary Simms Gregory, 864.313.6442**

**CPO: Martha Severens, severens@ att.net**

*Sunday, May 05*

**(MS) CAMP ASBURY TO MOONSHINE FALLS**

**START TIME: 12:00 PM, RETURN TIME: 5:30 PM**

This will be an out and back hike from Asbury Hills Camp to Moonshine Falls (our snack break) with a stop at Cascade Falls on the way back. Please Note: There will be a short cable crossing to get over Matthews Creek. There will also be a couple short scrambles to get the best water views for those who want to do them. We normally see lots of wildflowers along this trail. Moderate pace hike. Please make sure you have plenty of water and sunscreen, and bring your camera.

**M: 6, EG: 800, R: MS**

**Drive RT: 50 miles, \$4.00, L: 15**

**Leader: Elizabeth Brown, 954.294.8838**

*Saturday, May 11*

**(VS) PISGAH – DANIEL RIDGE AREA**

**START TIME: 8:30 AM, RETURN TIME: 5:00 PM**

This clockwise loop is a combination of old roads, railroad beds, and three single-track trails: Daniel Ridge, Cove Creek, and Caney Bottom. Nice river and creek scenery, a large variety of trail surfaces, forest views and two waterfalls. Expect a few long ascents, narrow side slopes and rooty sections.

Optional dinner stop on the way home. Carpools will be arranged accordingly. **THIS HIKE WILL BE CONDUCTED IN A MODERATE, CASUAL AND RELAXED MODE (MCRM). HIKE LEADERS' PACE ONLY.**

**M: 9, EG: 1500, R: VS**

**Drive RT: 110 miles, \$9.00, L: 18**

**Leader: Ron and Sharon Blake, 864.676.9177**



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**(M) CONGAREE NATIONAL PARK, BIG TREE HIKE**

**START TIME: 10:30AM, RETURN TIME: 7:00PM**

**Carpool from Earth Fare, Pelham Rd**

The "Big Tree Hike" takes us to the champion trees in this old growth forest beginning at 1:30 PM. The hike is partially on the boardwalk but mainly on the trails and some off trails, so it could be very muddy. Naturalist and park historian John Cely will conduct the hike which is between 5 and 6 miles. We will meet at the Visitors Center by 12:45 PM and eat lunch in the parking lot picnic area before hike.

**M: 6, EG: 50, R: M**

**Drive RT: 250 miles, \$20.00, L: 15**

**Leader: John Pritchett, 803.315.8304**

**Co-Leader: Ron Anderson, 803.446.9028**

**CPO: Martha Severens, severens@ att.net**

*Sunday, May 12*

**(MS) DUPONT – BURNT MOUNTAIN TO CEDAR ROCK**

**START TIME: 10:00 AM, RETURN TIME: 3:00 PM**

This loop hike starts on Corn Mill Shoals trail to Burnt Mountain with a lunch stop on the banks of Little River at the ford at Corn Mill Shoals. We will continue onward to ascend Cedar Rock for a fabulous view of the Blue Ridge Mountains. Solo hikers can meet us at Corn Mills Shoals access at 10:45 AM.

**M: 5.5, EG: 800, R: MS**

**Drive RT: 65 miles, \$5.00, L: 25**

**Leader: Joe Hayden, 864.201.1521**

*Friday-Sunday, May 17-19*

**(MS) CAMPING WEEKEND IN HOT SPRINGS AND HIKE AT MAX PATCH**

**(This write up is already on Meetup)**

This will be a fun weekend in fun Hot Springs, NC. Wendy has reserved a group campsite for our group near downtown and on the French Broad River. The campground is also close to hot springs for soaking and massages that attendees can reserve on their own. Group will meet at campground on Friday and we'll plan dinner at a restaurant in town. Saturday we'll drive to Max Patch for a 7- mile hike.

**M: 7, EG: 1000, R: MS**

**Drive RT: 190 miles, \$16.00, L: 15**

**Leader: Wendy Garland, 803.517.6082**

*Saturday, May 18*

**(VVSS) PISGAH NATIONAL FOREST, DANIEL RIDGE TO BLACK BALSAM KNOB ... AND BACK**

**START TIME: 8:00 AM, RETURN TIME: 6:00 PM**

We will start at the Daniel Ridge Loop trail head (2,625 ft.) on FS 475, about a mile past the Pisgah Fish Hatchery. We follow the southside of Daniel Ridge Loop, then take the Farlow Gap Trail to the Art Loeb Trail (Farlow Gap). Thus far we have climbed through hardwood forest and rhododendron clogged valleys. We follow the Art Loeb up Shuck Ridge, to cross the Blue Ridge Parkway and enter the Canadian Forest Zone. Then, follow the Art Loeb through fir and spruce trees, and grassy vistas to the top of Black Balsam Knob (6,214 ft.). Spend some time up there, then turn around and go back the same way we came!

**M: 16.6, EG: 3960, R: VVSS**

**Drive RT: 110 miles, \$9.00, L: 15**

**Leader: Charles Dial, 704.654.7041**



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### **(VVS) FOOTHILLS TRAIL – SLOAN BRIDGE TO UPPER WHITEWATER FALLS**

**START TIME: 8:30 AM, RETURN TIME: 5:00 PM**

We will start at the Sloan Bridge parking area of the Foothills Trail on SC 107. This is a “balloon-on-a-string” route and we hope to catch some mountain laurels in bloom. We will hike northeast on the Foothills Trail for about 2.5 miles, then connect with Round Mountain Trail. This will take us to the Upper Whitewater Falls overlook, where we will descend the steps to the viewing platform for a great view of the Falls. We then hike down the spur trail and take a right onto the Foothills Trail, with a 5.5-mile hike back to our cars through a wooded area that ascends Grassy Knob and follows the Chattooga Ridge across the SC/NC line. There will be great views of Lake Jocassee and the South Carolina mountains on the return—even during the summer! The last couple of miles are a gradual descent. Pace will be moderate.!!

**M: 11, EG: 2100, R: VSS**

**Drive RT: 100 miles, \$8.00, L: 15**

**Leader: Jeff & Martine Zimmer, 864.395.4474**

### **LAKE CONESTEE NATURE PARK**

**START TIME: 10:00 AM, RETURN TIME: 3:00 PM**

**MEET-UP LOCATION: THE CONESTEE PAVILION, 840 Mauldin Rd.**

Lake Conestee is a 400-acre park along 3 miles of the Reedy River, with 12 miles of trails and more than 6 miles of them paved. Lake Conestee Nature Park has been designated as a wildlife and bird sanctuary. We will meander through the many off-pavement trails including Sapsucker Spur, Chickadee Link, a visit to the Lost Lake, East and West Bay Observation Decks. A pavement hike to the Historic Lake Conestee Dam and South Bay and then back track along the Swamp Rabbit Trail (SRT) to the other side of the park for a short walk on an unnamed trail to the Short Leaf Shelter for a short break. We will conclude the hike by following the Flat Tail Trail to the Raccoon Trail and ending at the Korean War Veterans Memorial. A \$3 donation per person is requested from trail users.

**M: 6, EG: 100, R: M**

**Drive RT: 0 miles, \$0.00, L: 25**

**Leader: Cindy Wells, 864.430.7471**

*Sunday, May 19*

### **(MS) CHESTNUT RIDGE HERITAGE PRESERVE**

**START TIME: 12:00 PM, RETURN TIME: 5:30 PM**

Solo hikers can meet at the parking area at 12:30 PM.

From Old Grove Road, the trail leads us up the south side and over Squirrel Mountain and descends to the South Pacolet River. This in-and-out hike passes through various forest habitats with large boulders, outcrops, and spectacular wildflowers adding to the fun.

**M: 6, EG: 800, R: MS**

**Drive RT: 50 miles, \$4.00, L: 25**

**Leader: Emily Gilstrap, 864.884.9835**

*Saturday, May 25* (Memorial Day Weekend)

*Enjoy your Weekend!*

*Sunday, May 26* (Memorial Day Weekend)

### **CHATTOOGA RIVER TO ELLICOTT ROCK**

**START TIME: 10:00 AM, RETURN TIME: 6:00 PM**

Hike leader will meet hikers at the Walhalla Fish Hatchery at 11:30. From the Walhalla Fish Hatchery (Hwy. 107), we will hike down East Fork Trail to the Chattooga River. We will then follow the river up to Ellicott Rock, where GA, SC, and NC meet. We will eat lunch by the river, and swim if you like! This is an out and back hike.

**M: 8, EG: 500, R: MS**

**Drive RT: 130 miles, \$10.00, L: 15**

**Leader: Bev Parlier, 828.883.9278**

**CPO: TBD**



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**(MS) FLORENCE NATURE PRESERVE LOOP  
START TIME: 12:00 PM, RETURN TIME: 6:00 PM**

We will hike a loop trail in the Florence Nature Preserve in upper Hickory Nut Gorge. The trail follows a cascading creek that affords some nice views along the way.

**M: 5, EG: 1250, R: MS**

**Drive RT: 100 miles, \$8.00, L: 15**

**Leader: Candi Samples, 803.493.0564**

**CPO: Martha Severens, severens@att.net**

*Saturday, June 01*

**(VVS) ART LOEB TRAIL AND CEDAR ROCK MOUNTAIN, PISGAH NATIONAL FOREST  
START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

Hike will begin at parking lot next to Pisgah Ranger Station. We will hike .3 mi. to reach the Art Loeb trailhead, then follow the Art Loeb Trail 6.5 miles to Sandy Gap. Then detour over the top of Cedar Rock Mountain for some nice vistas. We then return to the Art Loeb and hike to Butter Gap. Then we descend to the Pisgah Fish Hatchery via Butter Gap and Cat Gap Loop trails. Shuttle Required.

**M: 12, EG: 3900, R: VVS**

**Drive RT: 100 miles, \$8.00, L: 15**

**Leader: Charles Dial, 704.654.7041**

**(S) DEVIL'S COURTHOUSE**

**START TIME: 7:30 AM, RETURN TIME: 5:00 PM**

From the Black Balsam trailhead, we will pass through mostly wooded areas to the Devil's Courthouse with some nice views along the way. We will backtrack to Little Sam Knob loop trail and Laurel Fork Trail to the Sam Knob parking area, where we pick up the Art Loeb connector back to the Black Balsam trailhead. Moderate pace.

**Miles: 7, EG: 1500, R: S**

**Drive RT: 150 miles, \$12.00, L: 20**

**Leader: Anne Nixon, 864.477.0292**

**(S) BAD CREEK TO THOMPSON RIVER VIA THE FOOTHILLS TRAIL**

**START TIME: 8:30 AM, RETURN TIME: 5:00 PM**

NOT A FIRST TIMER HIKE. An in-and-out hike. We cross the Whitewater River, then pick up the Foothills Trail to the Thompson River where we will have lunch on the river boulders. A beautiful hike at any season. This hike has frequent ups-and-downs and a variety of trail surfaces. There is almost twice as much elevation gain on the return trip than on the inbound leg. The hike will be conducted at a MODERATE PACE.

**M: 7.4, EG: 1500, R: S**

**Drive RT: 100 miles, \$8.00, L: 20**

**Leaders: Martine and Jeff Zimmer, 864.395.4474**





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*Sunday, June 02*

**(M) STUMPHOUSE PALMETTO TRAIL**

**START TIME: 12:00 PM, RETURN TIME: 6:00 PM**

We will hike the newly opened Stumphouse Passage section of the Palmetto Trail. This includes some of the new bike trail areas as well. Then from the top of Issaqueena Falls, we will hike the Rail Trail to the Middle Tunnel. We will return by the same route to view Issaqueena Falls and then we will enter Stumphouse Tunnel and hike to the inner gate using flashlights. The old train tunnel is 25 feet high, 17 feet wide, and although it was not completed, it extends 1,617 feet into the mountain. There is a \$5.00 per car fee to enter Stumphouse Tunnel. Secondary meetup site with hike leader Lisa Britt will be at 12:30 to carpool together from Ingles, 211 Ingles Place, Seneca.

**M: 6, EG: 1000, R: M**

**Drive RT: 108 miles, \$9.00, L: 25, plus \$5.00 car fee**

**Leader: Lisa Britt, 843.509.9605**

**CPO: Martha Severens, severens@ att.net**

*Saturday, June 08*

**(VVS) COLD MOUNTAIN**

**START TIME: 7:30 AM, RETURN TIME: 5:00 PM**

Wilderness Area - limited to 10 hikers.

Trailhead will be at the Camp Daniel Boone, located off NC 215. We will hike to Cold Mountain, the northern terminus of the Art Loeb Trail. There are great views and a cross section of life zones from Appalachian to Canadian.

**M: 11, EG: 2790, R: VVS**

**Drive RT: 170 miles, \$14.00, L: 10**

**Leader: Paul MacGregor, 864.993.3907**

**(VVS) FOOTHILLS TRAIL TO HILLIARD FALLS**

**START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

From Duke Energy's Bad Creek parking area, we will follow the Foothills Trail to Hilliard Falls for lunch and return by the same trail.

**M: 11, EG: 2400 R: VVS**

**Drive RT: 110 miles, \$9.00, L: 15**

**Leader: Lance Renault, 864.325.4639**

*Sunday, June 09*

**(S) PISGAH NATIONAL FOREST, LOOKING GLASS ROCK**

**START TIME: 10:00 AM, RETURN TIME: 5:00 PM**

We will climb Looking Glass Rock to the edge of the sheer rock cliff to enjoy the beautiful view of the Pink Beds, Blue Ridge Parkway, and Pisgah Lodge and return by the same route. Rhodos should be in bloom!

**M: 6.5, EG: 1700, R: S**

**Drive RT: 110 miles, \$9.00, L: 15**

**Leader: Troy Summerell, 864.303.7058**

**(MS) PARIS MOUNTAIN – BRISSEY RIDGE/NORTH LAKE HIKE**

**START TIME: 1:30PM, RETURN TIME: 5:30 PM**

Meet at Paris Mountain State Park, Buckhorn Parking Lot.

Hike will start on Brissey Ridge Trail, following Brissey Ridge to Pipsissewa, to North Lake, steep climb up Kanuga and back down to Brissey Ridge to finish. State park pass or fee required.

**M: 5.5, EG: 800, R: MS**

**Drive RT: 0 miles, \$0.00, L: 18 (state park admission or parking pass)**

**Leader: Nancy English, 864.360.2864**

**Co-Leader: Ursula Gibbs, 864.630.9383**



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*Saturday, June 15*

**(VS) LITTLE SAM KNOB – SAM KNOB**

**START TIME: 8:00AM, RETURN TIME: 5:00 PM**

We will start on NC Hwy 215 just past where it crosses the Blue Ridge Parkway and hike toward Devil's Courthouse. We will take a short stop there and proceed around Little Sam and on to Sam Knob for lunch. We will then return to the starting point by way of Flat Laurel Creek Trail.

**M: 10, EG: 1500, R: VS**

**Drive RT: 125 miles, \$10.00, L: 15**

**Leader: Dale Hamann, 864.386.3855**

**(VVS) MT. LECONTE AND BACK IN ONE DAY!**

**START TIME: 7:30 AM, RETURN TIME: 8:00 PM**

Alum Cave is the most spectacular of the 5 trails leading to the top of Mt. LeConte. At 2.3 miles the trail passes under the Alum Cave Bluff and at 5.5 miles we reach the top (6593') with an elevation gain of 2750'. Remember, it can be warm at the bottom of the mountain and cold on top. This is a great opportunity to see one of America's prettiest mountains. We hope to be on the trail between 10:30 and 11:00 a.m. and be off the mountain between 5:30 and 6:00 p.m. Dinner on the way home is optional.

**M: 13, EG: 2750, R: VVS**

**Drive RT: 280 miles, \$20.00, L: 15**

**Leader: Lauren Noll, 828.964.5727**

**(MS) OIL CAMP CREEK TRAIL HIKE + AMERICANA FOLK FESTIVAL**

**START TIME: 10:00 AM, RETURN TIME: 5:00 PM**

This a double event making for an especially fun day including a beautiful hike and the Americana & Folk Music Festival at Hagood Mill. Our hike will be an out and back beginning at Oil Camp Creek Trailhead, following along the the Creek (which includes a waterfall) to Hwy 276 and back at a moderate hike. Next, we will drive over to Hagood Mill for the music festival in progress.

<https://www.evensi.us/americana-folk-festival-hagood-mill-historic-site-folklife-center/292802877>

It is \$5 per vehicle to park at Hagood.

**M: 6.2, EG: 1100, R: MS**

**Drive RT: 65 miles, \$5.00, L: 15**

**Leader: Sandy Hunter, 843.384.7617**

*Saturday, June 22*

**(VVS) MOUNTAINS-TO-THE-SEA TRAIL – GRAVEYARD RIDGE – ART LOEB – PISGAH RIDGE LOOP**

**START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

Form carpools at University Square Shopping Center and meet leader at Pisgah Ranger Station on US 276 about 1 mile north of the intersection of US 276 and US 64 at 9:00 AM. Starting at the Looking Glass Rock Overlook on the Blue Ridge Parkway we will take the Mountains-to-the Sea Trail west to the Graveyard Ridge Trail. We will continue on the Graveyard Ridge Trail to Ivestor Gap. Then we will follow the Art Loeb Trail to Tennent Mtn. for lunch. We will continue on the Art Loeb Trail over Black Balsam Knob to the Pisgah Ridge Trail, which we will follow back to the cars. There are outstanding mountain views along all of the trails and especially from Tennent Mtn. and Black Balsam Knob.

**M: 13.5, EG: 2710, R: VVS**

**Drive RT: 170 miles, \$14.00, L: 10**

**Leader: Sim Wright, 803.840.6274**



4/10/2019

*Sunday, June 23*

**(MS) PANTHERTOWN IN SUMMER – 5 WATERFALLS**

**START TIME: 10:00 AM, RETURN TIME: 6:00 PM**

Hike leader will meet at the Sapphire Country store, at the intersection NC 281 and US 64 at 11:00. We start from west entrance and will visit Wilderness Falls and Frolictown Falls. From there we will make our way to Granny Burrell Falls, and then climb Little Green Mountain. After lunch on top, we will make our way down to Schoolhouse Falls and Warden Falls. We will then return across the Valley to west entrance.

**M: 6, EG: 600, R: MS**

**Drive RT: 140 miles, \$11.00, L: 15**

**Leader: Bev Parlier, 828.883.9278**

**CPO: Martha Severens, severens@att.net**

**(M) OVERMOUNTAIN VICTORY TRAIL – KINGS MOUNTAIN**

**START TIME: 12:00 PM, RETURN TIME: 6:30 PM**

**Meet at Earth Fare on Pelham Road.**

Kings Mountain National Military Park (2625 Park Rd, Blacksburg, SC 29702) is the location for the “turning point” of the Revolutionary War in the South, where on October 7, 1780, an hour-long battle changed the course of the Revolutionary War. First, we will watch a short film in the visitor center and walk around the 1.5-mile battlefield trail – the Overmountain Victory Trail – mentioned in the movie. Then, we will hike part of the National Recreation trail to Browns Mountain and back, for another 5.5 miles. Most of our hike will be wooded with rolling hills, giving us an appreciation for the terrain those 2,000 patriots traveled to fight for our freedom. We will hike at a fairly constant moderate pace throughout the afternoon because the parking lot closes at 6:00. The wooded trail has streams, roots, rocks and steps. The military trail is paved. **NOT A FIRST TIMER HIKE.**

**M: 7, EG: 600, R: M (Trail is continuously up and down, so it will seem like more!)**

**Drive RT: 130 miles, \$10.00, L: 18**

**Leader: Candi Samples, 803.493.0564**

**CPO: TBD**

*Saturday, June 29*

**(VS) PINNACLE MOUNTAIN AND DRAWBAR CLIFFS**

**START TIME: 8:30 AM, RETURN TIME: 5:00 PM**

Hike begins at Table Rock State Park. We will ascend the Pinnacle Mtn. trail followed by the Foothills Trail to Drawbar Cliffs. Wonderful views of the mountains to the west. Return by same route. State park pass or fee required.

**M: 9, EG: 2000, R: VS**

**Drive RT: 50 miles, \$4.00, L: 18**

**Leader: Laura Arnold, 864.238.2005**

**(VVS) PISGAH NATIONAL FOREST BIG EAST FORK TO SHINING ROCK.... AND BLACK BALSAM KNOB**

**START TIME: 7:00 AM, RETURN TIME: 7:00 PM**

Start at Big East Fork Parking Lot, hike up Big East Fork to Greasy Cove Trail, then intersect the Art Loeb Trail. Continue on Art Loeb to Shining Rock. Then return on Ivestor Gap Trail and Art Loeb to climb Black Balsam Knob. Then descend Mountains-to-the-Sea Trail and return to parking lot.

**M: 17, EG: 3325, R: VVS**

**Drive RT: 100 miles, \$8.00, L: 15**

**Leader: Charles Dial, 704.654.7041**



4/10/2019

**(M) BRACKEN MOUNTAIN TRAIL LOOP**

**START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

Bracken Preserve is a Brevard City Park opened in the last few years. We'll hike to the top on the Bracken Trail then loop back at the brushy creek intersection. This is a 6-mile moderately trafficked out and back trail located near Brevard, NC that features a river and is rated as moderate.

**M: 6, EG: 1200, R: M**

**Drive RT: 90 miles, \$7.00, L: 18**

**Leader: Elizabeth Brown, 954.294.8838**

*Sunday, June 30*

**(M) PLEASANT RIDGE COUNTY PARK**

**START TIME: 12:00 PM, RETURN TIME: 4:30 PM**

Pleasant Ridge County Park, 4232 Hwy 11, Marietta SC. We will be hiking on the Jorge Francisco Arango (JFA Trail). It's a "jewel of a trail" close to Greenville. It's a hard-pack single-track trail and a joy to all hikers/runners and bikers. Hikers and bikers start at opposite ends of the trail in the parking lot.

Also, restrooms are available.

**M: 6, EG: 800, R: M**

**Drive RT: 50 miles, \$4.00, L: 25**

**Leader: Trudy Bruns, 864.292.6575**

*Saturday, July 06* (Independence Day Weekend)

**(S) PISGAH NATIONAL FOREST, BLACK BALSAM, TENNENT MOUNTAIN**

**START TIME: 8:30 AM, RETURN TIME: 7:00 PM**

Blue Ridge Parkway. Starting at FSR 816 (near MM 420), we will hike up to Black Balsam Knob and Tennent Mountain (both with stunning views), on to Investor Gap, then a short, steep ascent up the east flank of Black Balsam, and a mostly easy mosey back to the trailhead. Beautiful views along the entire route. A few creek crossings, rocky footing. This hike will be at the hike leaders' pace only: moderate, casual, and relaxed mode. Optional stop at Oskar Blues on the way home.

**M: 6.5, EG: 1200, R: S**

**Drive RT: 130 miles, \$10.00, L: 15**

**Leader: Ron and Sharon Blake, 864.676.9177**

*Sunday, July 07* (Independence Day Weekend)

**(MS) PISGAH – RASPBERRY RAMBLE!**

**START TIME: 10:00 AM, RETURN TIME: 5:00 PM**

Hike leader will meet all at the Pisgah ranger station at 11:00. From there, we will drive to the horse stables on Avery Creek Road to begin our hike. We will hike up Clawhammer Cove to the secret raspberry-blackberry patch. After berry picking and lunch, we will hike Buckhorn Gap Trail to Twin Falls. We will then follow Avery Creek on this loop hike back to our cars. Bring your berry buckets!

**M: 7, EG: 1000, R: MS**

**Drive RT: 120 miles, \$10.00, L: 15**

**Leader: Bev Parlier, 828.883.9278**

**CPO: Martha Severens, [severens@att.net](mailto:severens@att.net)**

**(MS) FALLS CREEK WATERFALL HIKE**

**START TIME: 1:30 PM, RETURN TIME: 6:30 PM**

This is a 2.5-mile round trip moderately trafficked out and back trail located near Cleveland, South Carolina that features a waterfall and is rated as difficult. Caution: This hike is more difficult than the stats lead you to believe.

**M: 2.5, EG: 800, R: MS**

**Drive RT: 40 miles, \$3.00, L: 25**

**Leader: Steve Root, 864.346.3081**



4/10/2019

*Saturday, July 13*

**(VS) TURKEY PEN GAP, SQUIRREL GAP, CANTRELL CREEK LOOP**

**START TIME: 8:00 AM, RETURN TIME: 5:00 PM**

From Turkey Pen trailhead we hike on these trails: South Mills, Pounding Mill, Squirrel Gap, Cantrell Creek, and South Mills back to Turkey Pen.

**M: 10, EG: 1500, R: VS**

**Drive RT: 100, \$8.00, L: 15**

**Leader: Lance Renault, 864.325.4639**

**(VVS) TRACE RIDGE TO BLUE RIDGE PARKWAY WITH MIDDLE FORK, BIG CREEK & MILLS RIVER TRAILS**

**START TIME: 7:30 AM, RETURN TIME: 5:00 PM**

A new version of my Mills River Hike: a steady climb up the Trace Ridge Trail to a spectacular view on the Blue Ridge Parkway. We will descend via the Spencer Gap Trail and loop out on the Middle Fork & Big Creek trails gaining a bit more elevation, then head back to the cars on the North Mills River Trail. Expect numerous (10) wet crossings (wading across) on the North Mills River trail and a stunning view of the Hendersonville Reservoir along the way. Hiking poles and shoes that can get wet are strongly recommended. Pace will be moderate & the hike leader will want to stop at the Bold Rock Cidery in Mills River after the hike.

**M: 14, E: 2400, R: VVS**

**Drive RT: 125 miles, \$10.00, L: 15**

**Leader: Michelle Barger, 757.647.3617**

**(MS) PISGAH NATIONAL FOREST: BUCK SPRINGS TRAIL WITH A SHUTTLE**

**START TIME: 9:00 AM, RETURN TIME: 5:00 PM**

We will start our hike behind Pisgah Inn where the Mountains-to-the-Sea trail comes in. The trail descends rapidly from Pisgah for about a mile and then continues at a roll. There are several easy to negotiate wet crossings and rocky areas to negotiate, and a lovely waterfall for lunch. Short shuttle required.

**M: 6.5, EG: 1100, R: MS**

**Drive RT: 120 mi. \$9.00, L: 18**

**Leader: Lynn Coleman, 864.884.5697**

*Sunday, July 14*

**(MS) CHATTOOGA RIVER TRAIL TO LICKLOG & PIGPEN FALLS**

**START TIME: 9:00 AM, RETURN TIME: 6:30 PM**

Leaving from the Ridley Fields parking area off Hwy 28 (SC side of the River) this will be an out and back hike that runs along the Chattooga River Trail meandering along an upper slope away from the river and later along the banks of the river to the falls. There will be an optional side trail down a somewhat steep slope to the bottom of Licklog Falls (about a tenth of a mile) to the base of the falls where it empties into the Chattooga River before heading a short distance to Pigpen Falls where we will have lunch and wade in the water if desired. This will be our turn around spot back using a fisherman's trail back to the parking area. This trail has several rooty or small rocky areas, a few wet creek/runoff crossings and some muddy areas; nothing too difficult. There are no significant ups or downs other than the optional side hike to the base of the falls. Solo hikers can meet us at Holly Springs store at about 9:30-9:40 am, or Ridley Fields parking area (near Russell Bridge) by 10:15 AM. Ridley Fields parking from Greenville:

<https://goo.gl/maps/zoesVxiEFfC2>

**M: 8, EG: 800, R: MS**

**Drive RT: 130 miles, \$10.00, L: 12**

**Leader: Sandy Hunter, 843.384.7617**



4/10/2019

*Saturday, July 20*

**(VVS) PISGAH NATIONAL FOREST: CEDAR ROCK – JOHN ROCK**

**START TIME: 8:30 AM, RETURN TIME: 6:00 PM**

We will start at the Pisgah fish hatchery parking lot and hike to Cedar Rock by way of a user trail off the Art Loeb. Then will descend back to the Art Loeb and climb John Rock. Returning to the cars by way of the Cat Gap Loop trail.

**M: 11, EG: 2600, R: VVS**

**Drive RT: 110 miles, \$9.00, L: 15**

**Leader: Dale Hamann, 864.386.3855**

**(VVS) EASTERN SMOKY MOUNTAINS: PURCHASE KNOB – HEMPHILL BALD**

**START TIME: 7:30 AM, RETURN TIME: 6:00 PM**

Enjoy summer wildflowers, old growth Tulip Poplars, and beautiful views of Maggie Valley on this hike. We hike up the gravel road to historic Ferguson Cabin before taking McKee Branch Trail down to Caldwell Fork Trail to follow the river upstream, see the Tulip Poplars, and hike back up the Hemphill Bald Trail for views of Maggie Valley. We take the Cataloochee Divide Trail back to the Appalachian Science Center for more views and wildflowers.

2nd Meeting Place: 8:00 am. Cracker Barrel, Upward Rd. Exit #53 off I-26, Flat Rock

3rd Meeting Place: 9:15 am. Appalachian Highlands Science Center Metal Gate, follow paved Hemphill Road which turns into gravel Purchase Rd.

**M: 16, EG: 3500, R: VVS**

**Drive RT: 180 miles, \$14.00, L: 15**

**Leader: Cathy Foster**

*Sunday, July 21*

**(S) WESTERN NC – LOST COVE GHOST TOWN**

**START TIME: 8:30 AM, RETURN TIME: 6:00 PM**

Hike leader will meet all at the McDonalds (turn right) at I-26, exit 40 (Asheville Airport exit) at 9:30 AM. SUVs recommended due to forest roads traveled. Deep in the remote backcountry of the Unaka and Bald Mountains of western NC, where NC borders with eastern TN and high above the Nolichucky River, nature reclaims the fields and cabins of "Lost Cove." Come and explore the remains of this community that once thrived in the 19th and early 20th centuries. From the trailhead, we will hike about 3 miles down to Lost Cove. After visiting the ghost town and lunch, we will return the same way.

**M: 6, EG: 1500, R: S**

**Drive RT: 226 miles, \$18.00, L: 15**

**Leader: Bev Parlier, 828.883.9278**

**CPO: Elizabeth Brown, 954.294.8838**

**(MS) FOOTHILLS TRAIL – SLOAN BRIDGE TO WHITEWATER RIVER**

**START TIME: 12:00 PM, RETURN TIME: 6:00 PM**

Beginning at Sloan Bridge access on Hwy 107, hike follows the Foothills Trail crossing the SC-NC state line moving from Sumter National Forest into Nantahala National Forest. The trail goes along the north side of the Chattooga Ridge and over the Grassy Knob as we hike toward Upper Whitewater Falls. Nice views of Lake Jocassee and Bad Creek Reservoir. Short car shuttle required. Solo hikers can meet the leader at Sloan Bridge access at 1:00 PM.

**M: 5.5, EG: 800, R: MS**

**Drive RT: 112 miles, \$8.00, L: 18**

**Leader: Bob Arnold, 864.723.4363**

**CPO: TBD**



4/10/2019

*Saturday, July 27*

**(VS) SAM KNOB LOOP, BLUE RIDGE PARKWAY, PISGAH NATIONAL FOREST**

**START TIME: 8:30 AM, RETURN TIME: 6:00 PM**

This loop hike will start with a climb to the Devil's Courthouse on the Blue Ridge Parkway. The viewing platform has some sensational views. We will then use a variety of trails and a round trip spur to reach Sam Knob where we will enjoy beautiful vistas. We will return to the trailhead via Flat Laurel Creek and Little Sam trails. Expect a few steep switchback sections and a variety of trail surfaces. A solid workout, at a moderate pace.

**M: 9, EG: 1800, R: VS**

**Drive RT: 130 miles, \$18.00, L: 15**

**Leader: Jeff and Martine Zimmer, 864.395.4474**

**(MS) KEOWEE – TOXAWAY STATE PARK: RAVEN ROCK TRAIL**

**START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

Hike begins on the Natural Bridge Trail and continues on the recently re-routed Raven Rock Trail. This figure 8 trail follows the shoreline of Lake Keowee to a high rock bluff with an awesome view. Hike will be conducted at a moderate pace. There are great views of Lake Keowee this time of year. It could be wet, so bring some dry socks. For those meeting at the trailhead, please be there at 11 am.

**M: 5, EG: 800, R: MS**

**Drive RT: 70 miles, \$6.00, L: 25**

**Leader: Phil Howard, 317.402.8590**

**CPO: Martha Severens, severens@att.net**

*Sunday, July 28*

**(M) TABLE ROCK – CARRICK CREEK**

**START TIME: 1:30 PM, RETURN TIME: 5:00 PM**

We will hike around Lake Pinnacle and continue on the Carrick Creek Loop. Good beginner hike, wonderful view of Lake Pinnacle from the porch at the Lodge. State park pass or fee required.

**M: 4, EG: 500, R: M**

**Drive RT: 50 miles, \$4.00, L: 25, State Park admission without pass: \$2.00 (\$1.25 Seniors)**

**Leader: Bob Griffin, 864.313.0422**

*Saturday, August 03*

**(VVS) LUNCH AT THE PISGAH INN**

**START TIME: 7:30 AM, RETURN TIME: 5:00 PM**

Hike starts at the Pink Beds parking lot. Easy, muddy start. Continue onto the Barnett Branch trail to the Mountains-to-the-Sea trail. Lovely waterfall viewed from different heights, lots of ups and downs, stream crossings and eight very steep switchbacks leading way to lunch. Return the same way. Reservations will be made for lunch at the inn.

**M: 15.7, EG: 1800, R: VVS**

**Drive RT: 110 miles, \$8.00, L: 12**

**Leader: Dolores Flores, 864.243.1561**

**(VVS) PISGAH – LAUREL & LITTLE BALD MOUNTAINS**

Take the Laurel Mtn trail from FS 1206 up to Laurel Mtn and on to Little Bald Mountain and the scenic overlook just off the BRP. Return via Laurel Mtn & Slate Rock Trails. Short Shuttle required; limited parking at trail heads.

**M: 13, EG: 3200, R: VVS**

**Drive RT: 125 miles, \$10.00, L: 12**

**Leader: Michelle Barger, 757.647.3617**



4/10/2019

*Sunday, August 04*

**(S) TABLE ROCK – BALD KNOB**

**START TIME: 10:00 AM, RETURN TIME: 5:00 PM**

Starting at the Nature Center, hike follows the Pinnacle Mountain/Foothills Trail to Bald Knob Overlook for breathtaking views for our lunch break. We will return along the same route. Parking fee or pass required.

**M: 7, EG: 1800, R: S**

**Drive RT: 50 miles, \$4.00, L: 15**

**Leader: Elizabeth Brown, 954.294.8838**

**(M) YELLOW BRANCH AND ISSAQUEENA FALLS**

**START TIME: 12:00 PM, RETURN TIME: 6:00 PM**

This hike starts with a pleasant ramble at Yellow Branch State Park (3.7 miles/650 EG/1hr + 45 min) to a 50-foot cascade in a typical mixed hardwood forest. Then we'll drive across the street to Stumphouse Tunnel parking area near Issaqueena Falls. It is an old railroad bed with no trestles and crosses a few ravines. Many ups and downs (4.8 miles/600EG/2 hrs + 30 min). We'll visit the falls and hit Stumphouse Tunnel while hike by visiting the COOL Stumphouse Tunnel where the natural tunnel refrigeration will greet us on a hot summer day!! Be sure to bring a flashlight.

All cars must pay \$2 fee to enter Issaqueena Area, please bring singles!

**M: 5, EG: 800, Rating: M**

**Drive RT: 110, \$9.00. L: 25**

**Leader: Phil Howard, 317.402.8590**

**CPO: Martha Severens, severens@att.net**

*Saturday, August 10*

**(VVS) - PISGAH NF - YELLOWSTONE PRONG RIVER HIKE**

**START TIME, 8:00 AM, RETURN TIME: 6:00 PM**

A new classic hike! Starting at the Looking Glass Rock Overlook on the Blue Ridge Parkway, we will hike to Skinny Dip Falls where we will enter the Yellowstone Prong River and rock hop and wade upstream. You will need old trail running shoes or river shoes for the river walk. We will reach lower Yellowstone Falls which has no trail access, some bushwhacking is required. We will continue upstream by a short steep bushwhack and user trails to Yellowstone Falls at Graveyard Fields. From that point we will use trails to Upper Yellowstone Falls, take a user trail up to the Parkway and return on the Pisgah Ridge Trail with numerous views. Hike is more difficult than the mileage would indicate due to the strenuous river walking. A nice summer hike to beat the heat.

**M: 8, EG: 1500, R: VVS**

**Drive RT: 100 miles, \$8.00, L: 15**

**Leader: Jerry Ellsworth, 864.266.9940**

**(VVS) AVERY BASIN LOOP: PRESSLEY COVE – BLACK MOUNTAIN – CLUB GAP – BUCKHORN GAP – BENNETT GAP LOOP PISGAH**

**START TIME: 8:00AM, RETURN TIME: 5:00 PM**

We will circumnavigate the Avery Creek watershed in a counter-clockwise direction, starting a couple of miles past the Pisgah Ranger Station. We will ascend the Pressley Cove trail to the Black Mountain Trail, cross Black and Clawhammer Mountains, pass through Buckhorn Gap and then Club Gap, climb Buckwheat Knob, and finally descend the Bennett Gap trail to the cars. This is a strenuous hike with lots of challenging elevation changes and a few great views.

**M: 11.2, EG: 3454, R: VVS**

**Drive RT: 110 miles, \$9.00, L: 15**

**Leader: Lance Renault, 864.325.4639**





4/10/2019

**(MS) BAD CREEK ACCESS TO UPPER WHITEWATER FALLS**

**START TIME: 10:00 AM, RETURN TIME: 4:00 PM**

The hike will start in the Bad Creek parking lot and follow the trail along the river ending at a bridge. Spectacular views of the falls and cool water to refresh hikers. It is a moderately strenuous in and out hike. Alternate Meetup places: Holly Springs at 10:30, or Bad Creek parking lot at 11:00.

**M: 5, EG: 1100, R: MS**

**Drive RT: 100 miles, \$8.00, L: 20**

**Leader: Phil Howard, 317.402.8590**

**CPO: Martha Severens, severens@att.net**

*Sunday, August 11*

**(MS) EASTATOE GORGE – THE NARROWS**

**START TIME: 12:00 PM, RETURN TIME: 6:00 PM**

Beautiful in and out hike from Horsepasture Rd. down into the Eastatoe Gorge to Eastatoe Creek. The highlight is the overlook at “The Narrows,” where the creek travels through a narrow rock crevice.

**M: 6, EG: 1200, R: MS**

**Drive RT: 80 miles, \$6.00, L: 18**

**Leader: Elizabeth Brown, 954.294.8838**

*Saturday, August 17*

**(VVS) PISGAH – GREASY COVE – TENNENT MTN – BLACK BALSAM KNOB – SKINNY DIP FALLS**

**START TIME: 8:00 AM, RETURN TIME: 6:00 PM**

From Looking Glass Overlook on the Blue Ridge Parkway we will take Mountains-to-the-Sea Trail for a short distance and scramble down to Yellowstone Prong River (water level permitting). We will rock hop and cross this river several times before reaching Bridges Camp Gap Trail. We will follow this trail to the Big East Fork water crossing. We will then ascend up Greasy Cove Trail to Grassy Cove Top. Greasy Cove Trail is a steep, often very steep trail that is seemingly endless. After 2000 feet of elevation and 4.5 miles of uphill fun we will hike the Art Loeb Trail to summit Tennent Mountain and then Black Balsam Knob. Lunch will be at either of these locations depending on the time. After lunch we will hike the Mountains-to-the-Sea Trail along Graveyard Ridge down to Second Falls at Graveyard Fields. After getting back on the MST we will head to Yellowstone Falls where we will have a short bushwack down to the top of the falls followed by a longer, steeper bushwack down to the lower falls. We will then return to the MST and head back to the cars with a stop at Skinny Dip Falls on the way. The hike has beautiful views, fun elevation gains, epic landscapes, and great water scenery. This will be a moderate to fast paced hike.

**M: 14, EG: 3200, R: VVS**

**Drive RT: 130 miles, \$10.00, L: 10**

**Leader: Mike Sullivan, 864.680.0140**

**GNHA SUMMER PICNIC**

**START TIME: 5:30 at Lynn Coleman’s home and farm**

**1707 Geer Hwy, Travelers Rest, SC 29690**

(Driveway is located near the corner of Hwy 276/Keeler Mill Rd.)

Cost: \$5.00 to cover barbecue from Henry’s.

Bring a side or dessert (for 8) and your own beverage. Tea and lemonade will be provided.

Volunteers needed. Sign up on Meetup or RSVP to Martha Severens, [severens@att.net](mailto:severens@att.net)

Event host: Lynn Coleman, 864.884.5697 or [sicolemanjr1@gmail.com](mailto:sicolemanjr1@gmail.com)



4/10/2019

*Sunday, August 18*

**(S) ELLICOTT ROCK VIA BULL PEN AND FISH HATCHERY – A KEY SWAP**

**START TIME: 10:00 AM, RETURN TIME: 6:00 PM.**

Rally Point: Sloan Bridge access to the Foothills Trail at 11:00 AM.

All hikers will meet at the Rally Point for hike briefing and key swap. Hikers converge on Ellicott Rock, the trisection point of SC, NC, and GA on the Chattooga River, from two opposite directions. After exploring the survey markers placed as early as 1811, hikers will exchange keys and hike out of the Ellicott Wilderness Area by the other route. Southbound hikers will drive to Bull Pen Road access and hike Bad Creek and Fork Mtn. trails to Ellicott Rock. Northbound hikers will drive to Walhalla State Fish Hatchery and hike East Fork and Chattooga River trails to Ellicott Rock. The key swap will occur on the beach area just north of “The Rock.”

**M: 7.6, EG: 1200, R: S**

**Drive RT: 110 miles, \$9.00, L: 24**

**Nobo Leader: Troy Summerell**

**Sobo Leader: Joe Hayden, 864.201.1521**

**(M) LONG CREEK - POSSUM CREEK AND THE FIVE FALLS**

**START TIME: 12:00 PM, RETURN TIME: 6:00 PM.**

Group will caravan to the trailhead in Long Creek. The trail is in and out to the beach at Possum Pool on the Chattooga. We will eat lunch and enjoy a swim before returning. There is an additional side trip to Possum Creek Falls available before lunch. Meet leader at Hardees in Westminster at 1:00 PM.

**M: 4 EG: 800 R: M**

**Drive RT: 132 miles, \$11.00, L: 25**

**Leader: Bob Arnold, 864.723.4363**

**CPO: TBD**

*Saturday, August 24*

**(VVSS) MOUNT MITCHELL, highest peak in NC and east of the Mississippi (6684 ft.)**

**START TIME: 7:30 AM, RETURN TIME: 7:00 PM**

**NOTE: Must contact leader for clearance to hike.**

Starting from the Black Mountain Campground, this long, strenuous trail climbs 3600 feet in 5.6 miles to reach the summit of Mount Mitchell. Although steep and rough in sections, you'll be rewarded with spectacular views. You'll travel through a mixed hardwood forest at the lower elevations, dense, old growth spruce forests in the upper elevations, and Fraser fir near the top. The path is shared with the Mountains-to-the-Sea Trail along its entire route. Return to Black Mountain Campground via the Mt. Mitchell and Higgins Bald trails.

**M: 12, EG: 3684, R: VVSS**

**Drive RT: 200 miles, \$16.00 L: 12**

**Leader: Paul MacGregor, 864.993.3907**

*Sunday, August 25*

**(MS) OCONEE COUNTY – HIDDEN FALLS – LEE FALLS COMBO**

**START TIME: 12:00, RETURN TIME: 6:30 PM**

Two in-and-out moderate hikes with spectacular waterfalls are on the menu. We will start out hiking an unmarked back-trail into Oconee State Park to find Hidden Falls – about four miles. Then we will drive a short distance and hike the 1.5-mile trail into Lee Falls to complete our adventure. For those wanting just a moderate hike, you have the option to bail-out after the Hidden Falls hike. Solo hikers can meet us at the Pulliam Center, 9565 SC 11, Tamassee, SC at 1:00 PM.

**Hidden Falls: M: 4, EG: 500, R: M**

**Lee Falls: M: 3, EG: 400, R: M**

**Combo Hike: M: 7, EG: 900, R: MS**

**Drive RT: 95 miles, \$8.00, L: 25**

**Leader: Joe Hayden, 864.201.1521**



4/10/2019

*Saturday, August 31*

**(VS) JONES GAP - FALLS CREEK FALLS, HOSPITAL ROCK**

**START TIME: 8:30 AM, RETURN TIME: 3:00 PM**

We will climb past Falls Creek Falls to the top of the mountain, along the ridge, and down past Hospital Rock into Jones Gap. This is a very steep trail both ups and downs. It's a beautiful hike with great views. Short shuttle required.

**M: 8, EG: 1800, R: VS**

**Drive RT: 50 miles, \$4.00, L: 25**

**Leader: Steve Root, 864.346.3081**

**(MS) GREEN RIVER – AN ALTERNATE ROUTE**

**START TIME: 12:00 PM, RETURN TIME: 7:00 PM.**

A series of trails in the Green River Game Lands off Big Hungry Rd. near Hendersonville. We will hike several trails through the Gamelands that include Bishop Branch, Stair Step Falls, Turkey Gut, and Long Ridge trails.

**M: 6, EG: 1200, R: MS**

**Drive RT: 60 miles, \$5.00, L: 20**

**Leader: Phil Howard, 317.402.8590**

**CPO: Martha Severens, severens@att.net**